

[^]When used in conjunction with an exercise program.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA



GNC
PRO
PERFORMANCE[®]

3500MG
CREATINE MONOHYDRATE

**CREATINE
MONOHYDRATE**

Helps Improve Athletic Performance^{*^}

DIETARY SUPPLEMENT
120 CAPSULES

CODE 987112

DRG

PRO PERFORMANCE[®] RESULTS

Creatine fuels muscles by supporting the ATP process.^{*} Supplementation may increase the amount of stored creatine in the muscles.

DIRECTIONS: As a dietary supplement, take 5 capsules before or after your workout with 12 oz. of water. Consume ample amounts of water while taking this product.

Supplement Facts

Serving Size Five Capsules
Servings Per Container 24

Amount Per Serving

Creatine Monohydrate	3.5 g*
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* Daily Value not established.

OTHER INGREDIENTS: Gelatin.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery. Potency verified by GNC procedure #5104. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, Sodium Free, No Wheat, Gluten Free, No Corn, No Soy, No Dairy, Yeast Free.

Product was tested for over 145 banned substances on the 2016 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307. See gnc.com for more information.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Lot No./Best By: