

You've got everything to gain.

PurEdge™ Plant-Based Gainer provides 570 calories, 50 g of vegan protein, 8 g of BCAAs and BETAPOWER® to help fuel gains in muscle, power and performance!^**

- A complete source of protein from 7 plant-based sources that includes all 9 essential amino acids
- Supplies 70 g of carbs from ancient grains and includes 8 g of fiber to increase the feeling of fullness!†
- Features BETAPOWER® made from beet root, which supports power and is clinically studied to enhance athletic performance^**
- Includes enzymes from pineapple and papaya to support digestion*

^ When used in conjunction with an exercise program.
 † Per 4-scoop serving.

BETAPOWER® is a registered trademark of DuPont or its affiliates.
 Carb10™ is a trademark of Compound Solutions, Inc.
 elevATP® is a registered trademark of VDF FutureCeuticals, Inc., and is covered by U.S. Patent No. 9,327,005, used under license.
 ModCarb® is a trademark of VDF FutureCeuticals, Inc., used under license.
 TRAACS® is a registered trademark of Albion Laboratories, Inc.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



KEEP OUT OF REACH OF CHILDREN.
 Store in a cool, dry place.
 For More Information:
 1-888-462-2548
 GNC.com
 Distributed by:
 General Nutrition Corporation
 Pittsburgh, PA 15222 USA



Plant-Based Gainer

- gf **gluten free**
- non gmo **non gmo**
- v **vegan**
- no artificial sweeteners **no artificial sweeteners**

Natural Vanilla
 NATURAL FLAVOR

NET WT 4.44 LB (71.11 OZ) 2016 G
14 SERVINGS†

DIETARY SUPPLEMENT

CODE 370109 FTG

DIRECTIONS: As a dietary supplement, add 2-4 scoops to 12-24 fl. oz. of water and mix thoroughly.

Supplement Facts		
Serving Size	Two Scoops (72 g)	Four Scoops (144 g)
Servings Per Container	28	14
Amount Per Serving	% Daily Value	% Daily Value
Calories	280	570
Total Fat	5.5 g 7%†	11 g 14%†
Saturated Fat	1 g 5%†	1.5 g 10%†
Total Carbohydrate	35 g 13%†	70 g 25%†
Dietary Fiber	4 g 14%†	8 g 29%†
Total Sugars	5 g *	9 g *
Includes Added Sugars	1 g 2%†	2 g 4%†
Protein	25 g	50 g
Calcium	55 mg 4%	110 mg 8%
Iron	5 mg 28%	10 mg 56%
Magnesium	100 mg 24%	200 mg 48%
Zinc (as Zinc Citrate)	2.5 mg 23%	5 mg 45%
Sodium	290 mg 13%	580 mg 25%
Potassium	260 mg 6%	520 mg 11%
Whole-Food-Based Vegan Performance Blend	2.745 g *	5.490 g *
Zucchini Powder	1.42 g *	2.84 g *
Betaine (as BETAPOWER® Betaine Anhydrous)(from Beet Root)	1.25 g *	2.5 g *
elevATP® (Ancient Peat & Apple Extract)	75 mg *	150 mg *
Nutrient Digestion Blend	50 mg *	100 mg *
Bromelain (from Pineapple Stem)	25 mg *	50 mg *
Papain (from Papaya Fruit)	25 mg *	50 mg *

† Percent Daily Values are based on a 2,000 calorie diet.
 * Daily Value not established.

OTHER INGREDIENTS: Plant-Based Protein Blend (Pea Protein, White Bean Powder, Quinoa Powder, Brown Rice Protein, Flaxseed Powder, Whole Algal Protein, Chia Seed Meal), Carb Blend (Pea Starch [as Carb10™], Sweet Potato Powder, ModCarb® [Oat Bran, Amaranth, Quinoa, Buckwheat, Millet, Chia]), Fat Blend (Flaxseed Powder, Sunflower Oil, Safflower Oil, Chia Seed Meal), Natural Flavors, Polydextrose, TRAACS® Magnesium Bisglycinate Chelate, Gum Blend (Organic Gum Arabic, Organic Guar Gum, Xanthan Gum), Monk Fruit Extract, Silicon Dioxide, Stevia Extract, Cinnamon Bark Extract.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Artificial Sweeteners, No Artificial Colors, No Artificial Flavors, No Preservatives, No Wheat, Gluten Free, No Soy, No Dairy.

NOTICE: Significant product settling may occur.