



ADVANCED MUSCLE PERFORMANCE

WHEYBOLIC™ RIPPED

CLINICALLY PROVEN PROTEIN + THERMOGENIC

Proven to Increase Muscle Strength & Size in Just 8 Weeks^{■*}
Enhanced for Intense Energy & Metabolism Support*

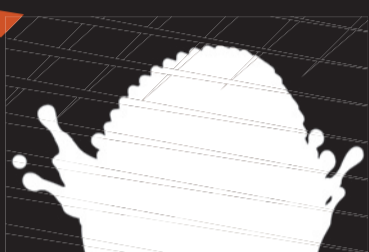
40G PROTEIN

15G BCAA

10G LEUCINE

1G VELOSITOL®

150MG CAFFEINE



COOKIES AND CREAM

NATURAL + ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT

NET WT 20.64 OZ
(1.29 LB) 585 G

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
For More Information:
1-888-462-2548
GNC.com
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

OTHER INGREDIENTS: Wheybolic™ Protein Complex (Whey Protein Isolate, Hydrolyzed Whey Protein), Natural and Artificial Flavors, Chocolate Flavored Sprinkles (Sugar, Corn Starch, Vegetable Oil [Palm Kernel Oil and/or Palm Oil], Cocoa [Processed with Alkali], Soy Lecithin, Dextri, Natural and Artificial Flavor, Carnuba Wax), Creamer (Soy Lecithin, Corn Syrup Solids, Sodium Caseinate, Mono- and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Tocopherols), Sodium Citrate, Lecithin, Nonfat Dry Milk, Dipotassium Phosphate, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Sucralose, Titanium Dioxide, Acesulfame Potassium, Caramel Color.
CONTAINS: Milk and soybeans.
WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.
2 scoops supply 150 mg of caffeine.
Gluten Free.
NOTICE: Use this product as a food supplement only. Do not use for weight reduction.
Significant product settling may occur.
Prohydrolase® is a trademark of Deerland Enzymes, Inc.
Velositol® and its associated logo is a trademark of Nutritron 21, LLC. Velositol® is patent protected.
An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this wheybolic protein supplement. Subjects consuming the wheybolic protein supplement experienced greater increases in muscle strength than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline.
In an 8-week, randomized, double-blind, placebo-controlled study of 30 healthy male volunteers comparing 1 set resistance training (RT) + active or carbohydrate placebo to 2 sets RT alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group.
In a randomized, double-blind crossover clinical trial that included 20 recreationally trained, healthy male subjects, those taking 10 g wheybolic protein isolate plus 10 g leucine immediately post-workout showed significant increases in key protein (p70S6k & rps6) associated with muscle protein synthesis.

GLUTEN FREE



It's on our labels, then it's in our bags. Full dosing, full transparency and no proprietary blends. Clinically studied ingredients backed by real science. The most effective and premium performance protein available. Get ripped.

USAGE BENEFITS
Clinically Proven Support for Strength, Performance & Stamina, Plus Energy & Metabolism Support for Superior Results
For Post-Workout & Cardio Provides Fast-Absorbing Whey Isolate & Hydrolysates Plus BCAA to Fuel Anabolic Muscle Support & Recovery
On Non-Training Days & Between Meals Provides High-Quality Protein & Critical Amino Acids to Fuel Muscles while you Recover from Intense Training while Providing Energy & Metabolism Support

Enhanced with VELOSITOL®
& Accelerate Muscle Protein Synthesis & Absorption of Amino Acids for Efficient Use by Muscles
Featuring a THERMO RIPPED MATRIX with CAFFEINE, L-CARNITINE & Key ELECTROLYTES Supporting Intense Energy, Mental Focus, Fatty Acid Metabolism & Superior Hydration
Features Only Premium, Ultra-Pure, Fast-Absorbing Protein and a Clinical Core of Whey Isolate & Leucine to Improve Strength & Post-Training Anabolic Response
Enhanced with VELOSITOL®
Superior Results
Stamina, Plus Energy & Metabolism Support for Clinically Proven Support for Strength, Performance & Stamina, Plus Energy & Metabolism Support for Superior Results
For Post-Workout & Cardio Provides Fast-Absorbing Whey Isolate & Hydrolysates Plus BCAA to Fuel Anabolic Muscle Support & Recovery
On Non-Training Days & Between Meals Provides High-Quality Protein & Critical Amino Acids to Fuel Muscles while you Recover from Intense Training while Providing Energy & Metabolism Support

DIRECTIONS: As a dietary supplement, consume 2 rounded scoops in 8 fl. oz. of cold water or your favorite beverage. Wheybolic™ Ripped can be consumed first thing in the morning, pre-workout, and/or post-workout. For maximum results, reference usage benefits and consume 2 rounded scoops twice daily. Do not consume close to bedtime.

CODE 386571 H56

Supplement Facts

Amount Per Serving	% Daily Value	% Daily Value
Calories	210	
Total Fat	1g	1%
Saturated Fat	1g	1%
Cholesterol	10mg	3%
Total Carbohydrate	3g	1%
Total Sugars	2g	2%
Includes Added Sugars	1g	2%
Protein	40g	80%
Vitamin D	0.5mcg	3%
Calcium	110mg	17%
Iron	0.2mg	1%
Magnesium	34mg	8%
Chromium (as Chromium Piccolinate and Chromium Histidinate)	250mcg	714%
Sodium	250mg	7%
Potassium	200mg	4%
Wheybolic™ Complex	112g	
BCAA	15g	
L-Leucine (from L-Leucine, Whey Protein Isolate, Hydrolyzed Whey Protein)	7.5g	
L-Leucine (from Whey Protein Isolate, Hydrolyzed L-Isoleucine)	1.25g	
L-Valine (from Whey Protein Isolate, Microtonized L-Valine, Hydrolyzed Whey Protein)	1.25g	
Glutamic Acid and Glutamine (from Whey Protein Isolate, Hydrolyzed Whey Protein)	3g	
Velositol® Amylopectin Chromium Complex	500mg	
Prohydrolase™ Proteinase Blend (Proteases from <i>Bacillus subtilis</i> and <i>Ananas comosus</i>)	200mg	
Thermo Ripped Matrix	568mg	
Caffeine Anhydrous	150mg	
Water Balance Blend	160mg	
Dandelion Extract (Taraxacum officinale), Hawthorne Extract (Crataegus pinatifida), Potassium Chloride, Hibiscus Flower Powder (Hibiscus sabdariffa), Uva Ursi Leaves Powder (Arctostaphylos uva-ursi)	333mg	
L-Carnitine (as L-Carnitine Tartrate)	666mg	

1 Rounded Scoop (32.5g) 18
2 Rounded Scoops (65g) 9
Serving Size
Servings Per Container