Supplement Facts

Direction of use: As a dietary supplement, mix one scoop (15.5g) in 10 fl. oz. of cold water and consume preworkout. On non-training days, consume one serving for additional focus. Consume ample amounts of water while taking this product. Do not take before bedtime.

Serving Size : 1 scoop (15.5g)

Servings per Container : 30

Amount Per Serving		% Daily Value
Calories	5	
Total Carbohydrate	1 g	<1%†
Vitamin C (as Ascorbic Acid)	250 mg	278%
Vitamin B-6 (as Pyridoxine Hydrochloride)	3 mg	176%
Vitamin B-12 (as Cyanocobalamin)	35 mcg	1458%
Sodium	35 mg	2%
Potassium (as Potassium Citrate)	90 mg	2%
Power & Performance Matrix	5.1g	*
Creatine (as Creatine Monohydrate)	3 g	*
Carnosyn® Beta-Alanine	1.6 g	*
Betaine Anhydrous	500mg	*
N.O. Pump Accelerator	3.75 g	*
Arginine Alpha-Ketoglutarate (AKG)	1.5 g	*
L-Citrulline Malate	1 g	*
L-Arginine	1 g	*
Agmatine Sulfate	250 mg	*
Energy & Mental Intensity	1.3 g	*
Caffeine Anhydrous	300 mg	*
L-Tyrosine	500 mg	*
Taurine	500 mg	*

[†] Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Citric Acid, Natural and Artificial Flavors, Silicon Dioxide, Sucralose, Acesulfame Potassium, Salt, FD&C Blue #1.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition.

NOTICE: Significant product settling may occur.

Natural Alternatives International (NAI) is the owner of the patent estate and registered trademark CarnoSyn®.

Keep out of reach of children

^{*} Daily Value not established.