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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

ACTUAL SIZE

0 48107 13001 5

FPO

GNC

Methyl B-12
2500 MCG

High potency, highly absorbable, superior form of B-12*

DIETARY SUPPLEMENT
100 CAPLETS

CODE 253312 COG

Directions: As a dietary supplement, take one caplet daily. For maximum benefits, take as directed every day.

Supplement Facts

Serving Size One Caplet

Amount Per Serving		% Daily Value
Vitamin B-12 (as Methylcobalamin)	2500 mcg	41667%

Other Ingredients: Cellulose, Dicalcium Phosphate, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides.

Potency verified by GNC procedure #5246.
Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

No Sugar, No Artificial Colors, No Artificial Flavors, No Preservatives, No Sodium, No Wheat, No Gluten, No Corn, No Soy, No Dairy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: