CODE 034575 HWG

DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. "MyoTOR® Alpha can be consumed first thing in the morning, pre-workout or post-workout. For maximum results, reference usage benefits and consume 2 scoops twice daily. Do not exceed recommended dose. Consume ample amounts of water while taking this product.

Supplement Facts

Serving Size	1 Scoop (30.05 g)		2 Scoops (60.1 g)	
Servings Per Container	18		9	
Amount Per Serving	**% Daily Value**		**% Daily Value**	
Calories	110		220	
Total Fat	0.5 g	1%‡	1.5 g	2%‡
Saturated Fat	0.5 g	3%‡	0.5 g	3%‡
Cholesterol	10 mg	3%	20 mg	7%
Total Carbohydrate	5 g	2%‡	10 g	4%‡
Dietary Fiber	0 g	0%‡	1 g	4%‡
Total Sugars	1 g	*	2 g	*
Protein	20 g	40%‡	40 g	80%‡
Calcium	90 mg	7%	180 mg	14%
Chromium (as Chromium Picolinate & Chromium Histidinate)	125 mcg	357%	250 mcg	714%
Sodium	140 mg	6%	280 mg	12%
Potassium	160 mg	3%	320 mg	7%
L-Leucine (from L-Leucine, Whey Protein Isolate, Hydrolyzed Whey Protein)	3.1 g	*	6.2 g	*
Creatine (as Creatine Monohydrate & CON-CRET® Creatine Hydrochloride)	0.75 g	*	1.5 g	*
Betaine (as Betaine Anhydrous)	0.625 g	*	1.25 g	*
High Amylopectin Starch (Waxy Maize)	215 mg	*	430 mg	*
MyoTOR® (Withania Indica Flower Head Extract, Mangifera Indica Bark Extract)	162.5 mg	*	325 mg	*
Bromelain	100 mg	*	200 mg	*
Lactase	100 mg	*	200 mg	*
Teshor® Blend (Punica granatum Fruit Peel Extract, Theobroma cacao Seed Extract)	100 mg	*	200 mg	*

‡ Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Whey Protein Isolate, Hydrolyzed Whey Protein Isolate, Cocoa Powder (Processed with Alkali), Natural & Artificial Flavors, Sunflower Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate), Stevia & Glycyrrhiza (Licorice) Extracts, Tricalcium Phosphate), Salt, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Shellac, Sunflower Lecithin, Sucralose, Acesulfame Potassium, Maltodextrin, Citric Acid, Guar Gum, Silicon Dioxide, Dicalcium Phosphate.

CONTAINS: Milk.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

⚠ WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, under 18 years of age, taking medication or have a medical condition. Discontinue use two weeks prior to surgery.

Gluten Free.

NOTICE: Use this product as a food supplement only.

Do not use for weight reduction.

Product sold by weight, not volume. Significant product settling may occur.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information:
1-888-462-2548
GNC.com

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

INFORMED CHOICE REGULARLY TESTED FOR BANNED SUBSTANCES

Product was tested and monitored for over 285 banned substances on the 2022 World Anti-Doping Agency (WADA) Prohibited list via LGC chip test testing.

[a] An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary module of whey protein and leucine vs. an isocaloric carbohydrate placebo consumed before and after resistance training. Subjects consuming the leucine-whey protein supplement experienced greater increases in muscle strength than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline.

*** When used in conjunction with an exercise program.**

***An 8-week randomized, double-blind, placebo-controlled study of 118 healthy men participating in a supervised resistance training program showed that those taking MyoTOR® had significant increases in mean upper body strength (42.8 lb. vs. 19.4 lb.), mean lower body strength (237 lb. vs. 19.2 lb.) and muscle endurance after 8 weeks vs. those who took a placebo with the same exercise. Improvements in strength were seen in as early as 2 weeks. Men on MyoTOR® had greater improvements in muscle strength and upper body endurance vs. those who took a placebo but exercised twice as much.**

MYOTOR® MUSCLE ACCELERATOR

Enhanced with MyoTOR® for improved strength & stamina**

CLINICALLY PROVEN TO:

- *Accelerate results in as early as 2 weeks***
- *Improve bench press by 23 lb. and leg extension by 17 lb.***
- *Increase muscle endurance***

SUPERIOR PERFORMANCE PROTEIN

Enhanced with More LEUCINE & BCAA than Standard Whey Protein
Elevated Muscle Fuel for Muscle Growth & Recovery°*

Featuring Clinically Studied BETAPOWER® + CREATINE, MyoTOR® & TESHOR®
To Enhance Power, Improve Strength & Stamina and Support Testosterone Levels**

With Only Premium, Ultra-Pure, Fast-Digesting Protein
Only Whey Hydrolysates and a Clinical Core of Whey Isolate & Leucine to Improve Strength[a]*

If it's on our labels, then it's in our bags. Full dosing, full transparency and no proprietary blends. Clinically studied ingredients backed by real science. The most effective and premium performance protein available.
Get power. Be alpha.

°EAA = essential amino acids

CON-CRET REINFORCED® **Trademarks of Vireo Systems, Inc. Creatine HCl is covered by one or more patents: www.vireosystems.com/patents/**

BETAPOWER® is a registered trademark of International Flavors & Fragrances Inc. or its affiliates.

MyoTOR® is a trademark of PLT Health Solutions – Lalla Nutraceuticals, LLC. US Patent #9,907,825 and international patents pending.

Teshor® is a registered trademark of Gencor and Lalla Nutraceuticals.

Velositol® and its associated logo is a trademark of Nutrition 21, LLC. Velositol® is patent protected.

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