By using whey protein isolate as our leading protein source, Gold Series 100% Whey Protein

Advanced delivers a fast-acting, lean-muscle-building protein with fewer impurities.*^ This formula provides naturally occurring BCAA (branched chain amino acids) in addition to key enzymes and vital nutrients, without the high levels of cholesterol, sodium and fat that some proteins offer. We demand superior quality every step of the way, and that's exactly what makes Gold Series 100% Whey Protein Advanced the new gold standard.

The New Gold Standard

- Fast-Acting Whey Protein Isolate is the Leading Protein Source
- 24g of Protein Per Serving
- Includes Ultra-Filtered Whey & Hydrolyzed Peptides for Less Cholesterol, Fat & Carbohydrates
- 5.5g BCAA Per Serving
- 4g Glutamine & Glutamic Acid Precursors
- Per Servina Contains 100mg Digestive Enzymes Aminogene
- & Lactase Mixes Instantly & Tastes Amazing



KEEP OUT OF REACH OF CHILDREN Store in a cool, dry place. For More Information: 1-888-462-2548 SHOP NOW @ GNC.COM General Nutrition Corporation

Pittshurgh, PA 15222 USA

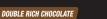
PRO PERFORMANCE

GOLD SERIES

- Formulated with Fast-Acting Whey Isolate & Hydrolysate Plus Micro & Ultra-Filtered Protein to Support Lean Muscle*
- Superior Recovery Fuel After Intense Training*
- 100mg Digestive Enzymes Including Aminogen® & Lactase for Enhanced Nutrient Breakdown







NATURAL + ARTIFICIAL FLAVORS



CODE 414671

DIRECTIONS: As a dietary supplement, Gold Series 100% Whey Protein Advanced

instantly mixes with your favorite beverage. Just simply stir, shake or blend 1 scoop (31 g) with 6-8 fl. oz. of cold water, milk or a beverage of your choice. For maximum results, take 1-2 scoops 2-3 times daily.

Supplement Facts Serving Size One Scoop (31 g)

Servings Per Container 30

Amount Per Serving		%Daily Value
Calories	120	
Total Fat	1 g	1%†
Saturated Fat	0.5 g	3%†
Cholesterol	40 mg	13%
Total Carbohydrate	4 g	1%†
Dietary Fiber	1 g	4%†
Total Sugars	1 g	
Protein	24 g	
Calcium	100 mg	8%
Iron	0.8 mg	4%
Sodium	60 mg	3%
Potassium	280 mg	6%
Enzyme Blend (Protease Aminogen®, Lactase)	100 mg	
† Percent Daily Values based upon a 2,000 calorie di	et.	

* Daily Value not established. OTHER INGREDIENTS: Whey Protein Blend (Whey Protein Isolate, Whey Protein Concentrate, Whey Protein Hydrolysate), Cocoa (Processed with Alkali), Natural & Artificial Flavors, Lecithin, Xanthan Gum, Salt, Sucralose, Acesulfame Potassium

CONTAINS: Milk and Soybeans

NOTICE: Significant product settling may occur. INFORMED-

Aminogen® is a registered trademark of Innophos Nutrition, Inc. substances by LGC Science, Inc., a world-class anti-doping lab *Product was tested for over 145 bands substances on the 2017

World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot
testing protocol #ICP0307. See gnc.com for more information.

Trusted by sport

^When used in conjunction with an exercise program.

HISTIDINE

GLUTAMINE & GLUTAMIC ACID

PROLINE

ARGININE

ASPARTIC ACID

GLYCINE

PHENYLALANINE TRYPTOPHAN

Mixing Directions & Tips

FSG Typical Amounts of Key Amino Acids Per 1 Scoop Serving to Support Optimal Muscle Growth and Development

- Simply add 1 scoop to 6-8 oz of cold water in a glass and stir with a spoon for 20 seconds. Add fat-free milk, flavored almond milk or soy milk for a quick and delicious snack.
- Combine 1 scoop with 6-8 oz of cold water, milk or your favorite beverage
- Combine 1 scoop with 6-8 oz of cold water to make a delicious smoothie adding fruits, juices, peanut butter or vogurt.
- Mix powder in your oatmeal, yogurt or favorite food. Simply adjust the recommended liquid for each individual recipe.
- To achieve a higher protein level, you may use 2 scoops with each recipe above. Simply adjust the recommended liquid for each individual recipe.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.