

KEEP OUT OF REACH
OF CHILDREN.

Store in a cool, dry place.

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222
Made in the USA

ACTUAL SIZE

0
4
8
1
0
7
1
4
8
9
9
7

FPO

GNC

Big 100®

B-complex formula

DIETARY SUPPLEMENT
100 VEGETARIAN TABLETS

CODE 153967

DRG

Directions: As a dietary supplement, take one tablet daily.

Supplement Facts

Serving Size One Tablet

Amount Per Serving	% Daily Value	
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	100 mg	6667%
Riboflavin (Vitamin B-2)	100 mg	5882%
Niacin (as Niacinamide)	100 mg	500%
Vitamin B-6 (as Pyridoxine Hydrochloride)	100 mg	5000%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1667%
Biotin	100 mcg	33%
Pantothenic Acid (as Calcium d-Pantothenate)	100 mg	1000%
Choline Bitartrate	100 mg	*
Inositol	100 mcg	*
para-Aminobenzoic Acid (PABA)	30 mg	*

* Daily Value not established.

Other Ingredients: Microcrystalline Cellulose, Stearic Acid Vegetable Source, Dicalcium Phosphate, Croscarmellose Sodium, Calcium Silicate, Corn Starch, Silicon Dioxide, Hydroxypropyl Methylcellulose, Magnesium Stearate Vegetable Source, Polyethylene Glycol, Methylcellulose, Cellulose, Vegetable Acetoglycerides, Polysorbate 80, Carnuba Wax.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

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Lot No./Expire Date: