**DIRECTIONS:** Mix each scoop (serving) of **GHOST® WHEY** with 5-6oz of water or beverage of choice. Vary amount of liquid to taste.

## **GHOST® WHEY WAS CONCEIVED TO** FEED SAVAGERY AROUND THE CLOCK













**LEGENDS DON'T ALWAYS USE A SHAKER** 

**GHOST® WHEY** is versatile AF. Use it in smoothies, protein ice cream, oats, pancakes and baked goods. Get inspired at ghostlifestyle.com

**WARNING:** This product is only intended for healthy adults. Immediately discontinue use and consult a licensed, qualified healthcare professional if you experience any adverse reaction to this product.

STORE IN A COOL, DRY PLACE, KEEP OUT OF REACH OF CHILDREN, DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING. CONTENTS SOLD BY WEIGHT NOT VOLUME. SOME SETTLING MAY OCCUR

## MANUFACTURED FOR GHOST LLC

5651 S Edmond Street Las Vegas, NV 89118, U.S.A. 1-844-GHOST-88 (446-7888)



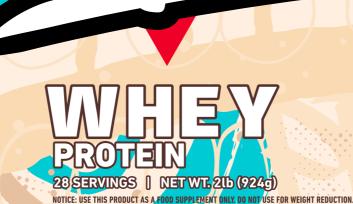
CA PROP 65 WARNING: This product may expose you to chemicals including lead known to the State of California to cause cancer and birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.

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NATURALLY AND ARTHEICIALLY FLAVORED

## NUTRITION FACTS

Approx. 28 Servings per Container

1 Rounded Scoop (33 grams) Serving Size:

Amount Per Serving

## **CALORIES**

120

	% Daily Value**
Total Fat 1.5g	2%
Saturated Fat 1g	5%
Trans Fat Og	
Cholesterol 40mg	13%
Sodium 95mg	4%
Total Carbohydrate 3g	1%
Dietary Fiber Og	0%
Total Sugars 1g	
Includes Og Added Sugars	0%
Protein 25g	50%
Vitamin D Omcg	0%
Calcium 135mg	10%
Iron Omg	0%
Potassium 112mg	2%

\*\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Whey Protein (Whey Protein Isolate 90% (Sunflower Lecithinated), Whey Protein Concentrate 80% (Sunflower Lecithinated), Hydrolyzed Whey Protein Isolate), Natural and Artificial Flavor, 100% Colombian Coffee, Salt, **Enzymes** (Proteases, Bromelain, Lactase), Cellulose Gum, Xanthan Gum, Sucralose, Acesulfame Potassium Contains: Milk



Whey Protein Isolate 90% Whey Protein Concentrate 80% Hydrolyzed Whey Protein Isolate 14.53g Delivering 12.5g Protein 13.16g Delivering 10g Protein 2.98g Delivering 2.5g Protein



NO AMINO SPIKING SOY FREE GOGLUTEN FREE