

No Artificial Colors, No Artificial Flavors,
No Preservatives, Sodium Free, No
Wheat, Gluten Free, No Soy, No Dairy.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

GNC.com

Distributed by:

General Nutrition Corporation

Pittsburgh, PA 15222 USA

ACTUAL
SIZE

GNC

Folic Acid

Supports healthy fetal development*

Required for proper red
blood cell formation*



100 VEGETARIAN TABLETS

100 SERVINGS

DIETARY SUPPLEMENT

CODE 256022

FUG

DIRECTIONS: As a dietary supplement, take one or two tablets daily. Folate intake should not exceed 278% of the DV, 1667 mcg DFE (1000 mcg).

Supplement Facts

Serving Size One Tablet

Amount Per Serving	% Daily Value for adults and children 4 or more years of age	% Daily Value for pregnant and lactating women
Folate (400 mcg Folic Acid)	667 mcg DFE 167%	111%

OTHER INGREDIENTS: Dextrose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Rice Bran Powder (*Oryza sativa*).

Adequate folate in a healthy diet may reduce a woman's risk of having a child with a brain or spinal cord defect.

Potency verified by GNC procedure #5050.

Conforms to USP <2091> for weight.

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**GLUTEN
FREE**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By:

