

KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.

For More Information:  
1-888-462-2548  
GNC.com  
Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222 USA



# GNC MSM

Supports joint cartilage\*



180 CAPSULES  
180 SERVINGS

DIETARY SUPPLEMENT

**CODE 156224** **HUG**  
MSM is a naturally occurring compound that serves as a source of sulfur, an essential component of joint cartilage.  
**DIRECTIONS:** As a dietary supplement, take one or two capsules daily.

Supplement Facts	
Serving Size One Capsule	
Amount Per Serving	
MSM (Methylsulfonylmethane)	1000 mg*
* Daily Value not established.	

**OTHER INGREDIENTS:** Gelatin, Magnesium Stearate  
Vegetable Source, Silicon Dioxide

Potency verified by GNC procedure #5405.  
Conforms to USP <2091> for weight.  
Meets USP <2040> disintegration.  
No Sugar, No Artificial Flavors, Sodium Free,  
No Wheat, Gluten Free, No Corn, No Soy, No Dairy.



\* This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: