Supplement Facts

Serving Size One Soft Chew Servings Per Container 60

Amount Per Serving	% [% Daily Value	
Calories	15		
Total Carbohydrate	4 g	1%†	
Total Sugars	0 g	*	
Vitamin A (as beta-Carotene)	300 mcg RAE	33%	
Vitamin C (as Ascorbic Acid)	60 mg	67%	
Vitamin D (as Cholecalciferol)	10 mcg	50%	
Biotin	3000 mcg	10,000%	
Healthy Building Blocks		*	
Type I and Type III Collagen (as Porcine Collagen Pepti	des) 250 mg	*	
Silica	25 mg	*	
Skin Support		*	
Hyaluronic Acid	5 mg	*	
Alpha-Lipoic Acid	5 mg	*	
Lutein (as Lutemax® 2020)	500 mcg	*	

* Daily Value not established

OTHER INGREDIENTS: Maltitol Syrup, Isomalt, Corn Syrup Solids*, Natural Flavors, Modified Potato Starch, Palm Oil, Soy Lecithin, Trehalose^, Citric Acid, Fruit and Vegetable Juice for Color*, Malic Acid, Glycerin, Rebaudioside A (Stevia Extract), Citrus Bioflavanoid, Sucralose

CONTAINS: Soybeans.

Contributes a trivial amount of sugar.

Distributed by: **General Nutrition Corporation** Pittsburgh, PA 15222 USA

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test.

Gluten Free.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548 GNC.com





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Hair, Skin & Nails

SOFT CHEW

Because beauty is more than skin deep.

Healthy Hair, Skin & Nails Features 3000 mcg of biotin to support hair, skin & nails.* Collagen helps support the structure of healthy skin. Also includes hyaluronic acid to maintain skin elasticity and lutein to support skin hydration.*

Antioxidant Support Protects from harmful free radicals, which contribute to cell aging.*

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

