

- An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary module of whey protein and leucine vs. an isocaloric carbohydrate placebo consumed before and after resistance training. Subjects consuming the leucine-whey protein supplement experienced greater increases in muscle strength than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline.
- \*When used in conjunction with an exercise program.
  \*In an 8-week, randomized, double-blind, placebo-controlled study of 30 healthy male volunteers comparing 1 set resistance training (RT) + active or carbohydrate placebo to 2 sets RT alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group

  ◇ In a double-blind, randomized, placebo-controlled crossover study, 25 subjects exercised on a treadmill on two occasions. On one occasion the subjects took the thermogenic blend before exercise and on the second occasion, they took a placebo. When the subjects took this blend, they burned three times more calories before, 3% more calories during and 12 times more calories after exercise compared to when they took the placebo.



JUST 8 WEEKS"

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.
Product sold by weight not volume. Significant roduct settling may occur.

psimax® trademark belongs to OmniActive Health

Velositol® and its associated logo is a trademark of Nutrition 21, LLC. Velositol® is patent protected.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548 GNC.com

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Trusted by sport

Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab.
Product was tested for over 220 banned
substances on the 2020 World Anti-Doping
Agency (WADA) Prohibited List via LGC skip



lot testing protocol #ICP0307.



ADVANCED MUSCLE PERFORMANCE

# **WHEYBOLIC**

CLINICALLY PROVEN PROTEIN + THERMOGENIC

Proven to Increase Muscle Strength & Size in Just 8 Weeks ■\* Proven to Burn 3X More Calories ◇\*

**40**G PROTEIN<sup>‡</sup>

EAA#

LEUCINE<sup>‡</sup>

**500**MG VELOSITOL®

‡Per 2 scoops

**CHOCOLATE FUDGE** NATURAL + ARTIFICIAL FLAVORS

NET-WT 42.5 OZ (2.7 LB) 1205.6 G

DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. Wheybolic" Ripped can be consumed first thing in the morning, pre-workout and/or post-workout. For maximum results, reference usage benefits and consume 2 scoops twice daily. Do not exceed recommended dose per day. Do not combine with other caffeine containing products. Do not take near bedtime.

# Supplement Facts Growth & Recovery^\*

Servings Per Container		44		22
Amount Per Serving	% Daily Value		% Daily Value	
Calories	100		200	
Total Fat	1 g	1%†	2 g	3%†
Saturated Fat	0 g	0%†	0.5 g	3%†
Cholesterol	10 mg	3%	20 mg	7%
Total Carbohydrate	3 g	1%†	6 g	2%†
Dietary Fiber	0 g	0%†	<1 g	3%†
Total Sugars	1 g	*	2 g	*
Protein	20 g	40%	40 g	80%
Niacin (as Niacinamide)	10 mg	63%	20 mg	125%
Calcium	90 mg	7%	180 mg	14%
Chromium (as Chromium Picolinate & Chromium Histidinate)	125 mcg	357%	250 mcg	714%
Sodium	110 mg	5%	220 mg	10%
Potassium	165 mg	4%	330 mg	7%
L-Leucine (from Micronized L-Leucine, Whey Protein Isolate, Hydrolyzed Whey Protein)	3.1 g	*	6.2 g	*
Velositol® (Amylopectin/Chromium Complex)	250 mg	*	500 mg	*
Enzyme Blend (Blend of Lactase & Bromelain)	200 mg	*	400 mg	*
Caffeine Anhydrous	100 mg	*	200 mg	*
Capsimax® Capsicum Extract	16.67 mg	*	33.34 mg	*

Percent Daily Values are based on a 2,000 calorie diet. \* Daily Value not established

OTHER INGREDIENTS: Protein Blend (Whey Protein Isolate, Hydrolyzed Whey Protein), Cocoa Powder (Processed with Alkail), Natural & Artificial Flavor, Sunflower Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono & Diglycerides, Natural Tocopherols, Tricalcium Phosphate), Salt, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Sucralose, Sunflower Lecithin, Acesulfame Potassium, Silicon Dioxide.

2.5 mg

Distributed by: General Nutrition Corporation, Pittsburgh, PA 15222 USA

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Niacin may cause a temporary flushing reaction.

2 scoops supply 200 mg of caffeine. Gluten Free, No Sov.

Piperine (as Black Pepper Extract)





**Enhanced with More LEUCINE than Standard Whey Protein** 

Elevated Muscle Fuel for Muscle

Features Only Premium, Ultra-Pure, t-Digesting Protein Whey Hydrolysates and a Clinical Core of

/ Isolate & Leucine to Improve Strength■\*

anced with VELOSITOL® & LEUCINE

ccelerate Muscle Protein Synthesis^\*

turing CAFFEINE, CAPSIMAX® & NIACIN

ting Intense Energy, Mental Focus eased Calorie Burning \*

### **E BENEFITS**

## Pre-Workout & Cardio

ally Proven Support for Strength, Performance mina, Plus Energy & Metabolism Support for erior Results & Increased Calorie Burning■•^◇\*

### Post-Workout & Cardio

ides Fast-Digesting Whey Isolate & Hydrolysates Leucine to Fuel Muscle Support & Recovery Plus a nogenic Blend Proven to Increase Calorie Burning Times After Exercise^◇\*

# On Non-Training Days & Between Meals

Provides High-Quality Protein & Critical Amino Acids to Fuel Muscles while you Recover from Intense Training while Providing Energy & Metabolism Support^\*

If it's on our labels, then it's in our bottles. Full dosing full transparency and no proprietary blends. Clinically studied ingredients backed by real science. The most effective and premium performance protein available. Get ripped.

°EAA = essential amino acids