

An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary module of whey protein and leucine vs. an isocaloric carbohydrate placebo consumed before and after resistance training. Subjects consuming the leucine whey protein supplement experienced greater increases in muscle strength than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline.

\* In an 8-week, randomized, double-blind, placebo-controlled study of 39 healthy male volunteers comparing 1 set resistance training (RT) \* active or carbohydrate placebo to 2 sets RT alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group.



STRENGTH IN

JUST 8 WEEKS

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. oduct sold by weight not volume. Significant oduct settling may occur. Velositol® and its associated logo is a trademark of Nutrition 21, LLC. Velositol® is patent protected. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548 GNC.com



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lat \*Product was tested for over 220 banned substances on the 2021 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307.

These statements have not been evaluated by the Food and Drug Administration his product is not intended to diagnose, treat, cure, or prevent any disease.



ADVANCED MUSCLE PERFORMANCE

WHEYBOLIC

CLINICALLY PROVEN PERFORMANCE PROTEIN

Proven to Increase Muscle Strength & Size in Just 8 Weeks \*\* Ultra-Pure, Fast-Digesting Whey Protein Isolate & Hydrolysates **40**<sub>G</sub>

15<sub>G</sub> EAA‡

LEUCINE<sup>‡</sup>

500<sub>MG</sub> VELOSITOL\*

‡Per 2 scoops



					Fast-Digesting Protein
unt Per Serving	% Daily	/ Value	% Daily	Value	Only Whey Hydrolysates and a Clinical Core of
es	90		190		Whey Isolate & Leucine to Improve Strength
Fat	0.5 g	1%†	1.5 g	2%†	
urated Fat	0 g	0%†	0.5 g	3%†	Enhanced with VELOSITOL® & Leucine
sterol	10 mg	3%	20 mg	7%	To Accelerate Muscle Protein Synthesis^*
Carbohydrate	2 g	1%†	4 g	1%†	
al Sugars	1 a	*	2 q	*	USAGE BENEFITS

200 ma

For Post-Workout & Cardio

Plus Leucine to Fuel Muscle & Support Recovery^\*

On Non-Training Days & Between Meals

Intense Training^\*

If it's on our labels, then it's in our bottles, full dosing and full transparency. Clinically studied ingredients backed by real science. The most effective and premium performance protein available. Train harder.

The GIRL SCOUTS® name, mark, and all associated trademarks and logotypes, including GIRL SCOUT COOKIES® and the Trefoil Design, are owned by Girl Scouts of the USA.

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DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. Wheybolic' can be consumed first thing in the morning, pre-workout and/or post-workout. For maximum results, reference usage benefits and consume 2 scoops twice daily. **Enhanced with More LEUCINE than** Standard Whey Protein

# Supplement Facts Elevated Muscle Fuel for Muscle

Serving Size Servings Per Container	1 Scoop (26 g) 50	2 Scoops (52 g) 25	Features Only Premium, Ultra-Pure,
Amount Per Serving	% Daily Value	% Daily Value	Fast-Digesting Protein Only Whey Hydrolysates and a Clinical Core
Calories	90	190	Whey Isolate & Leucine to Improve Strength
Total Fat	0.5 a 1%+	15 a 2%t	whey isolate & Leachie to improve strength

Total Fat	0.5 y	1/0	1.5 y	2 /0
Saturated Fat	0 g	0%†	0.5 g	3%†
Cholesterol	10 mg	3%	20 mg	7%
Total Carbohydrate	2 g	1%†	4 g	1%†
Total Sugars	1 g	*	2 g	*
Protein	20 g	40%†	40 g	80%†
Calcium	90 mg	7%	180 mg	14%
Chromium (as Chromium Picolinate & Chromium Histidinate)	125 mcg	357%	250 mcg	714%
Sodium	105 mg	5%	210 mg	9%
Potassium	120 mg	3%	240 mg	5%
L-Leucine (from Micronized L-Leucine, Whey Protein Isolate, Hydrolyzed Whey Protein)	3.1 g	*	6.2 g	*
High Amylonectin Starch (Waxy Maize)(from Velositol®)	250 ma	*	500 ma	*

Percent Daily Values are based on a 2.000 calorie diet.

zyme Blend (Blend of Lactase & Bromelain)

OTHER INGREDIENTS: Protein Blend (Whey Protein Isolate, Hydrolyzed Whey Protein), Natural & Artificial Flavors, Sunflower Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono & Diglycerides, Natural Tocopherols, Tricalcium Phosphate), Salt, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Sucralose, Sunflower Lecithin, Acesulfame Potassium, Turmeric Powder (Color), Silicon Dioxide.

CONTAINS: Milk.

Daily Value not established.

⚠ WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Gluten Free, No Soy.







linically Proven Support for Strength, Performance

Provides Fast-Digesting Whey Isolate & Hydrolysates

Provides High-Quality Protein & Critical Amino Acids to Fuel Muscles while you Recover from