

- An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary module of whey protein and leucine vs. an isocaloric carbohydrate placebo consumed before and after resistance training. Subjects consuming the leucine-whey protein supplement experienced greater increases in muscle strength than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline. A When used in conjunction with an exercise program.
- In an 8-week, randomized, double-blind, placebo-controlled study of 39 healthy male volunteers comparing 1 set resistance training (RT) + active or carbohydrate placebo to 2 sets RT alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group



JUST 8 WEEKS

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. roduct sold by weight not volume. Significant product settling may occur.

Velositol® and its associated logo is a trademark of Nutrition 21, LLC. Velositol® is patent protected. KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information: 1-888-462-2548



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab.
*Product was tested for over 220 banned substances on the 2020 World Anti-Doping Agency (WADA) Prohibited List via LGC skip ot testing protocol #ICP0307.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



ADVANCED MUSCLE PERFORMANCE

WHEYBOLIC

Proven to Increase Muscle Strength & Size in Just 8 Weeks ■* Ultra-Pure, Fast-Digesting Whey Protein Isolate & Hydrolysates

CLINICALLY PROVEN PERFORMANCE PROTEIN

40G PROTEIN[‡]

15_G EAA‡

LEUCINE[‡]

500MG VELOSITOL®‡

‡Per 2 scoops

Amount Per Serving

DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. Wheybolic" can be consumed first thing in the morning, pre-workout and/or post-workout. For maximum results, reference usage benefits and consume 2 scoops twice daily.

Supplement Facts

Servings Per Container

% Daily Value

| 3 | | | | |
|---|---------|------|---------|------|
| Calories | 110 | | 220 | |
| Total Fat | 1 g | 1%† | 2 g | 3%† |
| Saturated Fat | 0 g | 0%† | 0.5 g | 3%† |
| Cholesterol | 10 mg | 3% | 20 mg | 7% |
| Total Carbohydrate | 5 g | 2%† | 9 g | 3%† |
| Total Sugars | 3 g | * | 5 g | * |
| Includes Added Sugars | 2 g | 4%† | 3 g | 6%† |
| Protein | 20 g | 40%† | 40 g | 80%† |
| Calcium | 90 mg | 7% | 180 mg | 14% |
| Chromium (as Chromium Picolinate & Chromium Histidinate) | 125 mcg | 357% | 250 mcg | 714% |
| Sodium | 110 mg | 5% | 220 mg | 10% |
| Potassium | 110 mg | 2% | 220 mg | 5% |
| | | | | |
| L-Leucine (from Micronized L-Leucine, Whey Protein Isolate, Hydrolyzed Whey Protein) | 3.1 g | * | 6.2 g | * |

Percent Daily Values are based on a 2,000 calorie diet. * Daily Value not established.

elositol® (Amylopectin/Chromium Complex

nzyme Blend (Blend of Lactase & Bromelain)

OTHER INGREDIENTS: Protein Blend (Whey Protein Isolate, Hydrolyzed Whey Protein), Cane Sugar, Sunflower Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono & Diglycerides, Natural Tocopherols, Tricalcium Phosphate), Natural Flavors, Salt, Xanthan Gum, Sunflower Lecithin, Monk Fruit Extract, Stevia Extract, Silicon Dioxide.

200 mg

Distributed by: General Nutrition Corporation, Pittsburgh, PA 15222 USA

⚠ WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Gluten Free. No Soy.





Enhanced with More LEUCINE than Standard Whey Protein

Elevated Muscle Fuel for Muscle Growth & Recovery^*

Features Only Premium, Ultra-Pure, % Daily Value Fast-Digesting Protein

nly Whey Hydrolysates and a Clinical Core of ey Isolate & Leucine to Improve Strength■*

nhanced with VELOSITOL® & Leucine

Accelerate Muscle Protein Synthesis^*

or Pre-Workout & Cardio

nically Proven Support for Strength, formance & Stamina •*

or Post-Workout & Cardio

Provides Fast-Digesting Whey Isolate & Hydrolysates Plus Leucine to Fuel Muscle & Support Recovery^*

On Non-Training Days & Between Meals

Provides High-Quality Protein & Critical Amino Acids to Fuel Muscles while you Recover from Intense Training^*

If it's on our labels, then it's in our bottles. Full dosing, full transparency and no proprietary blends. Clinically studied ingredients backed by real science. The most effective and premium performance protein available. Train harder

NATURAL VANILLA NATURAL FLAVORS

DIETARY SUPPLEMENT NET-WT 49.8 OZ (3.1 LB) 1412.5 G 25 SERVINGS