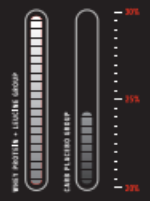
0%
EASE
USCLE
GTH IN
WEEKS*

PERCENT CHANGE



...blind, placebo-controlled study of 30 healthy men compared the effectiveness of this proprietary module of whey protein and ...trate placebo consumed before and after resistance training. Subjects consuming the leucine-whey protein supplement experienced ...gth than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline ...e exercise program.

...blind, placebo-controlled study of 30 healthy male volunteers comparing 1 set resistance training (RT) + active or carbohydrate ...supplement, the active group showed significantly greater gains in maximal muscle strength and muscle endurance compared to the control group.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Product sold by weight not volume. Significant product settling may occur. Velositol® and its associated logo is a trademark of Nutrition 21, LLC. Velositol® is patent protected.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548
GNC.com

INGREDIENT CHOICE
Trusted by sport
Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. *Product was tested for over 220 banned substances on the 2018 World Anti-Doping Agency (WADA) Prohibited List via LGC ship lot testing protocol #17P0001.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC AMP

ADVANCED MUSCLE PERFORMANCE

WHEYBOLIC™

CLINICALLY PROVEN PERFORMANCE PROTEIN

Proven to Increase Muscle Strength & Size in Just 8 Weeks**
Ultra-Pure, Fast-Digesting Whey Protein Isolate & Hydrolysates

40G PROTEIN†
15G EAA†*
6.2G LEUCINE†
500MG VELOSITOL®‡
†Per 2 scoops

CLASSIC VANILLA
NATURAL • ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT
NET WT 45.4 OZ (2.8 LB) 1287.5 G
25 SERVINGS

CODE 012346 LOT

DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. Wheybolic™ can be consumed first thing in the morning, pre-workout and/or post-workout. For maximum results, reference usage benefits and consume 2 scoops twice daily.

Supplement Facts

Serving Size	1 Scoop (29.1 g)	2 Scoops (58.1 g)
Servings Per Container	50	25
Amount Per Serving	**% Daily Value**	**% Daily Value**
Calories	96	192
Total Fat	0.5 g 1%†	1.5 g 3%†
Saturated Fat	0 g 0%†	0.5 g 3%†
Cholesterol	10 mg 3%	20 mg 7%
Total Carbohydrate	2 g 1%†	4 g 1%†
Total Sugars	1 g *	2 g *
Protein	20 g 40%	40 g 80%
Calcium	90 mg 7%	180 mg 14%
Chromium (as Chromium Picolinate & Chromium Nicotinate)	125 mcg 357%	250 mcg 714%
Sodium	100 mg 4%	200 mg 9%
Potassium	110 mg 2%	220 mg 5%
L-Leucine (From Micronized L-Leucine, Whey Protein Isolate, Hydrolyzed Whey Protein)	3.1 g *	6.2 g *
Velositol® (Amylopectin/Chromium Complex)	250 mg *	500 mg *
Enzyme Blend (Blend of Lactase & Bromelain)	200 mg *	400 mg *

†Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

OTHER INGREDIENTS: Protein Blend (Whey Protein Isolate, Hydrolyzed Whey Protein), Natural & Artificial Flavor, Sunflower Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono & Diglycerides, Natural Tocopherols, Tricalcium Phosphate), Salt, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Sucralose, Sunflower Lecithin, Acesulfame Potassium, Silicon Dioxide.

CONTAINS: Milk.

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15223 USA

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Gluten Free. No Soy.

GLUTEN FREE

SUPERIOR PERFORMANCE PROTE

Enhanced with More LEUCINE than
Standard Whey Protein
Elevated Muscle Fuel for Muscle Growth & Recovery*^

Features Only Premium, Ultra-Pur
Fast-Digesting Protein
Only Whey Hydrolysates and a Clinical C
Whey Isolate & Leucine to Improve Stre

Enhanced with VELOSITOL® & Leuc
To Accelerate Muscle Protein Synthesis*

USAGE BENEFITS

For Pre-Workout & Cardio
Clinically Proven Support for Strength, Performance & Stamina***

For Post-Workout & Cardio
Provides Fast-Digesting Whey Isolate & Hydrolysates Plus Leucine to Fuel Muscl Support Recovery*^

On Non-Training Days & Between
Provides High-Quality Protein & Critical Acids to Fuel Muscles while you Recover Intense Training*^

If it's on our labels, then it's in our bottl Full dosing. Full transparency and no proprietary blends. Clinically studied ingredients backed by real science. The most effective and premium performanc protein available. Train harder.

^EAA = essential amino acids