For More Information: 1-888-462-2548 GNC.com

ACTUAL SIZE

GNC

Methyl B-12

**HIGHLY ABSORBABLE** 

Essential for carbohydrate metabolism & energy production\*

Required for red blood cell formation\*

High-potency Methyl B-12

100 CAPLETS 100-DAY SUPPLY

DIETARY SUPPLEMENT

2500mcg

evaluated to diagnose,

Administration

any disease.

d and Drug A or prevent a

CODE 253313 DIRECTIONS: As a dietary supplement, take one caplet daily. **Supplement Facts** 

Serving Size One Caplet

Amount Per Serving % Daily Value Vitamin B-12 (as Methylcobalamin) 2500 mca 104167% Calcium 135 ma 10%

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Silicon Dioxide, Stearic Acid Vegetable Source. Magnesium Stearate Vegetable Source, Croscarmellose Sodium, Polyethylene Glycol, Talc, Carnauba Wax.

Distributed by: **GNC Holdings, LLC** 

Pittsburgh, PA 15222 USA

No Artificial Flavors, Gluten Free, No Milk.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.



CWG