

EVERY SCOOP DELIVERS:

BALANCED ENERGY + FOCUS
Activates mind and body with a synergistic combination of Natural Caffeine and L-Theanine.*

ENHANCED PERFORMANCE + POWER
Intensifies workouts with CarnoSyn® Beta-Alanine and BetaPower® Betaine Anhydrous.*

ESSENTIAL HYDRATION + PUMP
Primes muscles and supports blood flow with Electrolytes and L-Citrulline.*



CHOICE
REGULARLY
TESTED FOR
BANNED
SUBSTANCES

* Informed Choice products are subject to a rigorous Anti-Doping program that includes protocols for testing & monitoring for over 285 compounds.



FPO

0 48107 25020 1

FULLY TRANSPARENT DOSING. NO SUGAR. NO ARTIFICIAL FLAVORS. NO ADDED COLORS.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548, GNC.com



Gf
GLUTEN
FREE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



PRO PERFORMANCE® TRUSTED SINCE 1988



PERFORMANCE®

PRE-WORKOUT

PRO QUALITY. PRO RESULTS.
Game-Changing Energy, Power and Hydration for Unrivaled Performance*



BANNED SUBSTANCE TESTED

160MG
NATURAL CAFFEINE

2.5G
BETAPOWER®

805MG
ELECTROLYTES

TROPICAL FRUIT PUNCH
With Natural Flavors and No Added Colors



Tastes Great & Mixes Easily!

30
SERVINGS

DIETARY SUPPLEMENT

NET WT. 11.96 OZ. (339 G)

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 759014

DIRECTIONS: Mix one scoop in 10-12 fl. oz. of cold water and consume once daily roughly 30 minutes prior to activity. If new to pre-workouts, start with half a scoop and adjust based on tolerance. Do not consume near bedtime. Get ready to Perform like a Pro.

Supplement Facts		Amount Per Serving	% Daily Value
Serving Size One Scoop (11.3 g)			
Servings Per Container 30			
Amount Per Serving	% Daily Value		
Calories	5		
Total Carbohydrate	0 g	0%†	
Total Sugars	0 g	*	
Includes Added Sugars	0 g	0%†	
Magnesium (as Magnesium Citrate)	105 mg	25%	
Chloride (as Sodium Chloride and Potassium Chloride)	400 mg	17%	

Amount Per Serving	% Daily Value
Sodium (as Sodium Chloride)	200 mg 9%
Potassium (as Potassium Chloride)	100 mg 2%
L-Citrulline	3 g *
Betaine Anhydrous	2.5 g *
Beta-Alanine	1.6 g *
L-Theanine	200 mg *
Green Tea (Camellia sinensis) [Leaf] Extract (Std. to 98% Caffeine = 160 mg)	163 mg *

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Citric Acid, Natural Flavors, Silicon Dioxide, Calcium Silicate, Sucralose.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery. For adult use only. Taking this product may cause tingling and flushing sensations. These sensations may be enhanced if taken close to or during exercise.

This product contains 160 mg of caffeine.

NOTICE: This product sold by weight, not volume. Significant product settling may occur. Beta-Alanine as CarnoSyn®. Natural Alternatives International (NAI) is the owner of the patent estate and registered trademark CarnoSyn®. Betaine Anhydrous as BetaPower®. BetaPower® is a trademark of IFF or its affiliates.

FILL LINE