EVERY SCOOP DELIVERS:

BALANCED ENERGY + FOCUS

Activates mind and body with a synergistic combination of Natural Caffeine and L-Theanine.*

ENHANCED PERFORMANCE + POWER

Intensifies workouts with CarnoSyn® Beta-Alanine and BetaPower® Betaine Anhydrous.*

ESSENTIAL HYDRATION + PUMP

Primes muscles and supports blood flow with Electrolytes and L-Citrulline.*



testing & monitoring for over 285 compounds. FULLY TRANSPARENT DOSING, NO SUGAR,

NO ARTIFICIAL FLAVORS, NO ADDED COLORS.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place. For More Information:

1-888-462-2548, GNC.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease, PERFORMANCE[®]

Gf



PRO PERFORMANCE° TRUSTED SINCE 1988



PRE-WORKOUT

PRO QUALITY. PRO RESULTS.

Game-Changing Energy, Power and Hydration for Unrivaled Performance*



| 160mg | 2.5g | 805mg | 805mg



CODE 759013

Magnesium (as Magnesium Citrate) 105 mg

† Percent Daily Values are based on a 2,000 calorie die

DIRECTIONS: Mix one scoop in 10-12 fl. oz. of cold water and consume once daily roughly 30 minutes prior to activity. If new to pre-workouts, start with half a scoop and adjust based

on tolerance. Do not consume near bedtime. Get ready to Perform like a Pro.

Supplement	Fac	ets	Amount Per Serving	% Daily	Value	
Serving Size One Scoop (10.9			Sodium (as Sodium Ch l oride)	200 mg	9%	
Servings Per Container 30	9)		Potassium (as Potassium Chloride)	100 mg	2%	
Amount Per Serving	% Daily	Value	L-Citru l line	3 g	*	
Calories	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		Betaine Annydrous	2.5 g	*	FILL
Total Carbohydrate	0.0	0%†	Beta-Alanine	1.6 g	*	
	0 g	0%1	L-Theanine	200 mg	*	
Total Sugars	0 g		Green Tea (Camellia sinensis)	163 mg	*	
Includes Added Sugars	0 g	0%†	[Leaf] Extract (Std. to 98% Caffeir		g)	

* Daily Value not established (as Sodium Chloride and Potassium Chloride)

OTHER INGREDIENTS: Citric Acid. Natural Flavors. Silicon Dioxide. Calcium Silicate. Sucralose.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery. For adult use only, Taking this product may cause tingling and flushing sensations. These sensations may be enhanced if taken close to or during exercise.

This product contains 160 mg of caffeine. NOTICE: This product sold by weight, not volume. Significant product settling may occur. Beta-Alanine as CarnoSyn®, Natural Alternatives International (NAI) is the owner of the patent estate

and registered trademark CarnoSyn®. Betaine Anhydrous as BetaPower®. BetaPower® is a trademark of IFF or its affiliates.