## **EVERY SCOOP DELIVERS:**

#### **BALANCED ENERGY + FOCUS**

Activates mind and body with a synergistic combination of Natural Caffeine and L-Theanine.

#### ENHANCED PERFORMANCE + POWER

Intensifies workouts with CarnoSyn® Beta-Alanine and BetaPower® Betaine Anhydrous.\*

## **ESSENTIAL HYDRATION + PUMP**

Primes muscles and supports blood flow with Electrolytes and L-Citrulline.\*



 Informed Choice products are subject to a rigorous Anti-Doping program that includes protocols for testing & monitoring for over 285 compounds.

> FULLY TRANSPARENT DOSING, NO SUGAR. NO ARTIFICIAL FLAVORS, NO ADDED COLORS,

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information: 1-888-462-2548, GNC.com

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Gf



PRO PERFORMANCE TRUSTED SINCE 1988



# PRE-WORKOUT

## PRO QUALITY. PRO RESULTS.

Game-Changing Energy, Power and Hydration for Unrivaled Performance\*



| 160mg | NATURAL CAFFEINE | 2.5g | BETAPOWER\* | **805**мв

Tastes Great

& Mixes Easily!



PERFORMANCE<sup>®</sup>

BLUE RASPBERRY With Natural Flavors and No Added Colors

CODE 759012

**DIRECTIONS:** Mix one scoop in 10-12 fl. oz. of cold water and consume once daily roughly

L-Citrulline

Potassium (as Potassium Chloride) 100 mg

[Leaf] Extract (Std. to 98% Caffeine = 160 mg)

t Percent Daily Values are based on a 2.000 calorie die

Green Tea (Camellia sinensis)

Daily Value not established.

30 minutes prior to activity. If new to pre-workouts, start with half a scoop and adjust based

### on tolerance. Do not consume near bedtime. Get ready to Perform like a Pro. Supplement Facts Amount Per Serving

Serving Size One Scoop (11.3 g) Servings Per Container 30

Amount Per Serving % Daily Value Calories Total Carbohydrate Total Sugars Includes Added Sugars Magnesium (as Magnesium Citrate) 105 mg

(as Sodium Chloride and Potassium Chloride)

OTHER INGREDIENTS: Citric Acid, Natural Flavors, Sucralose, Silicon Dioxide, Calcium Silicate,

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery. For adult use only. Taking this product may cause tingling and flushing sensations. These sensations may be enhanced if taken close to or during exercise.

This product contains 160 mg of caffeine. **NOTICE:** This product sold by weight, not volume. Significant product settling may occur.

Beta-Alanine as CarnoSyn®. Natural Alternatives International (NAI) is the owner of the patent estate and registered trademark CarnoSyn®. Betaine Anhydrous as BetaPower®. BetaPower® is a trademark of IFF or its affiliates.

FILL LINE

% Daily Value