

PODIUM SALT + ELECTROLYTES IS DESIGNED TO HELP BALANCE THE BODY'S ELECTROLYTE PROFILE AND AID IN RECOVERY AFTER INTENSE TRAINING OR SPORTS PERFORMANCE.

SUGGESTED USE: Mix one (1) level scoop with 6-8 ounces of water before, during, or after training. Shake well and enjoy!

WARNING: Consult your physician prior to using this or any dietary supplement product if you are pregnant, nursing, taking medication, or have a known or suspected medical condition. Drink plentiful amounts of water while taking this product. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.


 Proudly manufactured in the United States in a GMP compliant facility with ingredients of domestic and international origin.

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PODIUM®

30
SERVINGS

**SALT +
ELECTROLYTES** **STRAWBERRY**
NATURAL FLAVORS
NO SUGAR ADDED
DIETARY SUPPLEMENT
NET WT. 162 G (5.71 OZ)



SUPPLEMENT FACTS

Serving Size: 1 Scoop (5.4 g)

Servings Per Container: 30

	Amount Per Serving	%DV*
Calories	5	
Total Carbohydrates	<1 g	<1%
Calcium (as Calcium Citrate)	50 mg	4%
Magnesium (as Magnesium Citrate)	50 mg	12%
Sodium (as Sodium Chloride)	500 mg	22%
Potassium (as Potassium Citrate)	250 mg	5%
Taurine	1,000 mg	†

*Percent Daily Values are based on a 2000 calorie diet.

† Daily Value not established.

OTHER INGREDIENTS: Malic Acid, Natural Flavor, Sucralose, Silica, Fruit and Vegetable Juice (Color).

ALLERGEN WARNING: This product is manufactured in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and shellfish.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GLUTEN FREE
SOY FREE
DAIRY FREE