

# THE PROS BEHIND PERFORMANCE

SINCE 1988 • TRUST • QUALITY • TESTED FOR SPORT

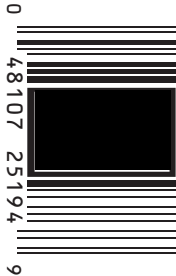
## PRO QUALITY

Every scoop of 100% WHEY delivers **25G of gluten-free protein** with **whey isolate** as the leading source for a more refined, high-quality protein that digests easily. Trusted by athletes around the world, our formula undergoes rigorous **third-party testing** for purity and potency.\*

## PRO RESULTS

100% WHEY is a **complete protein** designed for optimal absorption of amino acids, including muscle-activating BCAAs to support muscle protein synthesis for **lean muscle mass** and **recovery**.^

**FOR PRO-LEVEL RESULTS**, enjoy with GNC PRO PERFORMANCE® CREATINE and PRE-WORKOUT.



\* Informed Choice products are subject to a rigorous Anti-Doping program that includes protocols for testing & monitoring for over 285 compounds.

^ When used in conjunction with an exercise program.

**FULLY TRANSPARENT DOSING. GLUTEN FREE. NO ARTIFICIAL FLAVORS.**

**KEEP OUT OF REACH OF CHILDREN.**  
Store in a cool, dry place.

For More Information:  
1-888-462-2548 • GNC.com

**25G PROTEIN**  
Muscle Strength  
& Recovery^

**COMPLETE PROTEIN**  
All 20 Amino Acids  
for Building Muscle^

**BEST-IN-CLASS**  
Formulated for Flavor,  
Efficacy & Versatility

**GNC**

PRO PERFORMANCE® TRUSTED SINCE 1988

**PRE**

**PERFORMANCE®**

**100% WHEY**

**NEW**  
Formula & Even  
Better Taste!

**PRO QUALITY. PRO RESULTS.**

Fast-Absorbing Protein for Muscle  
Strength and Recovery^



**25G** | **5.7G** | **120**  
PROTEIN | BCAAs† | CALORIES

**CREAMY STRAWBERRY**

No Artificial Flavors

**25**  
SERVINGS

PROTEIN DRINK MIX  
NET WT. 27.3 OZ. (1.7 LB.) 775 G



*Tastes Great  
& Mixes Easily!*

CODE 379953

**DIRECTIONS:** Mix one scoop in 6 fl. oz. of cold water or your favorite beverage and blend well. Best enjoyed post-workout and/or throughout the day as an additional source of protein. Get ready to Perform like a Pro.

## Nutrition Facts

Serving Size One Scoop (31.01 g)

Servings Per Container 25

Amount Per Serving

**Calories** **120**

% Daily Value\*

Total Fat 1 g 1%

Saturated Fat 0.5 g 3%

Trans Fat 0 g

Cholesterol 25 mg 8%

Sodium 95 mg 4%

Total Carbohydrate 2 g 1%

Total Sugars 1 g \*

Includes 0 g Added Sugars 0%

Protein 25 g 50%

Vitamin D 0 mcg 0%

Calcium 110 mg 8%

Iron 0 mg 0%

Potassium 150 mg 4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Whey Protein Isolate, Whey Protein Concentrate, Natural Flavors, Xanthan Gum, Cellulose Gum, Guar Gum, Beet Juice Powder (Color), Citric Acid, Sunflower Lecithin, Sucralose, Silicon Dioxide.

**CONTAINS:** Milk.

**25G**  
TOTAL PROTEIN

Utilizes **whey isolate** as the leading source of protein for **less fat** and **sugar**—paired with **whey concentrate** for superior flavor and mixability—yielding the perfect protein.

**65%**  
Whey  
Isolate

**35%**  
Whey  
Concentrate



**Enjoy 1 to 2 scoops** after weight training, cardio or game time.

**Enjoy 1 scoop** on non-training rest days to help meet your protein needs.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA  
**NOTICE:** Use this product as a food supplement only. Do not use for weight reduction.

This product is sold by weight, not volume. Significant product settling may occur.

No Artificial Flavors, No Preservatives, Gluten Free.

† Naturally occurring amino acids

