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For More Information:
1-888-462-2548
GNC.com

DIETARY SUPPLEMENT

90 CAPLETS/45-DAY SUPPLY



GNC
WOMEN'S

Multivitamin

ACTIVE

Specially formulated for active women*
Timed-Release

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 206811

JYG-333

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets/Servings Per Container 45

Amount Per Serving	% Daily Value
Vitamin A.....1500 mcg RAE.....167%	
(50% as beta-Carotene & 50% as Retinyl Acetate)	
Vitamin C.....300 mg.....333%	
(as Ascorbic Acid & Calcium Ascorbate)	
Vitamin D (as Cholecalciferol).....50 mcg.....250%	
Vitamin E.....200 mg.....134%	
(as d-alpha Tocopheryl Acetate)	
Vitamin K (as Phytonadione).....80 mcg.....67%	
Thiamin.....50 mg.....4167%	
(Vitamin B-1)(as Thiamin Mononitrate)	
Riboflavin (Vitamin B-2).....50 mg.....3846%	
Niacin (as Nicotinamide & Niacin).....50 mg.....313%	
Vitamin B-6.....50 mg.....2941%	
(as Pyridoxine Hydrochloride)	
Folate.....680 mcg DFE.....170%	
(400 mcg Folic acid)	
Vitamin B-12 (as Cyanocobalamin).....50 mcg.....2083%	
Biotin.....300 mcg.....1000%	
Pantothenic Acid.....50 mg.....1000%	
(as Calcium d-Pantothenate)	
Choline (as Choline Bitartrate).....10 mg.....2%	
Calcium.....400 mg.....31%	
(as Calcium Carbonate, Calcium d-Pantothenate, Dicalcium Phosphate, Calcium Ascorbate)	

Amount Per Serving	% Daily Value
Iron (as Ferrous Fumarate).....18 mg.....100%	
Iodine (as Potassium Iodide).....150 mcg.....100%	
Magnesium (as Magnesium Oxide).....100 mg.....24%	
Zinc (as Zinc Oxide).....25 mg.....227%	
Selenium (as L-Selenomethionine).....200 mcg.....364%	
Copper (as Cupric Sulfate).....2 mg.....222%	
Manganese (as Manganese Sulfate).....2 mg.....87%	
Chromium (as Chromium Chloride).....120 mcg.....343%	
Molybdenum (as Sodium Molybdate).....75 mcg.....167%	
Methyl-Sulfonyl Methane (MSM).....100 mg.....*	
alpha-Lipoic Acid.....25 mg.....*	
Inositol.....10 mg.....*	
Silica (as Silicon Dioxide).....4 mg.....*	
Boron (as Sodium Borate).....2 mg.....*	
Lutein.....2 mg.....*	
(from Marigold [Tagetes erecta] Flower Extract)	
Hyaluronic Acid (as Sodium Hyaluronate).....2 mg.....*	
Lycopene.....1 mg.....*	
Zeaxanthin (as Zeaxanthin Isomers).....400 mcg.....*	
from Marigold [Tagetes erecta] Flower Extract)	
Astaxanthin.....50 mcg.....*	
(from Haemotococcus pluvialis)	
Vanadium (as Sodium Metavanadate).....10 mcg.....*	
* Daily Value not established.	

OTHER INGREDIENTS: Cellulose, Corn Starch, Stearic Acid Vegetable Source, Polyvinyl Alcohol, Magnesium Stearate Vegetable Source, Polyethylene Glycol, Talc, Spirulina Extract (Color), Riboflavin (Color), Natural Vanilla Mint Flavor, Steviol Glycosides.

CONTAINS: Soybeans, Fish (Anchovy, Mackerel, Sardine, Smelt, Whiting, Pollock, Salmon, Tuna, Cod or a Combination Thereof).

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

⚠ WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

No Artificial Flavors, Gluten Free, No Milk.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

Lot No./Best By: