

WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction. No Artificial Flavors, Gluten Free, No Milk.

GNC MEGA MEN[®]

50 Plus

MULTIVITAMIN

WITH CLINICALLY PROVEN BLEND[^]

TIMED RELEASE

DIETARY SUPPLEMENT

60 CAPLETS • 30-DAY SUPPLY

CODE 206312

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets/Servings Per Container 30

| Amount Per Serving | % Daily Value |
|--|---------------|
| Vitamin A..... 1500 mcg RAE..... 167% | |
| (50% as beta-Carotene & 50% as Retinyl Acetate) | |
| Vitamin C..... 300 mg..... 333% | |
| (as Ascorbic Acid & Calcium Ascorbate) | |
| Vitamin D (as Cholecalciferol)..... 50 mcg..... 250% | |
| Vitamin E 20.1 mg..... 134% | |
| (as d-alpha Tocopheryl Acetate) | |
| Vitamin K (as Phytonadione)..... 80 mcg..... 67% | |
| Thiamin (Vitamin B-1) 50 mg..... 4167% | |
| (as Thiamin Mononitrate) | |
| Riboflavin (Vitamin B-2) 50 mg..... 3846% | |
| Niacin (as Niacinamide & Niacin) 50 mg..... 313% | |
| Vitamin B-6 50 mg..... 2941% | |
| (as Pyridoxine Hydrochloride) | |
| Folate 680 mcg DFE..... 170% | |
| (Folic Acid 400 mcg) | |
| Vitamin B-12 (as Cyanocobalamin) ... 50 mcg ... 2083% | |
| Biotin..... 300 mcg ... 1000% | |
| Pantothenic Acid 50 mg ... 1000% | |
| (as Calcium d-Pantothenate) | |

| Amount Per Serving | % Daily Value |
|--|---------------|
| Choline (as Choline Bitartrate)..... 10 mg..... 2% | |
| Calcium (as Calcium Carbonate, 210 mg..... 16% | |
| Calcium d-Pantothenate, Dicalcium Phosphate, Calcium Ascorbate) | |
| Iodine (as Potassium Iodide)..... 150 mcg..... 100% | |
| Magnesium 120 mg..... 29% | |
| (as Magnesium Oxide) | |
| Zinc (as Zinc Oxide) 25 mg..... 227% | |
| Selenium 200 mcg..... 364% | |
| (as L-Selenomethionine) | |
| Copper (as Cupric Sulfate) 2 mg..... 222% | |
| Manganese (as Manganese Sulfate) .. 2 mg..... 87% | |
| Chromium 120 mcg..... 343% | |
| (as Chromium Chloride) | |
| Molybdenum 75 mcg..... 167% | |
| (as Sodium Molybdate) | |
| Saw Palmetto (<i>Serenoa repens</i>) 100 mg..... * | |
| Berry Extract | |
| Arginine..... 100 mg..... * | |
| (as L-Arginine Monohydrochloride) | |
| Sage (<i>Salvia officinalis</i>) 50 mg..... * | |
| Leaf Powder | |

| Amount Per Serving | % Daily Value |
|--|---------------|
| alpha-Lipoic Acid 25 mg..... * | |
| Ginkgo (<i>Ginkgo biloba</i>) Leaf Powder.. 25 mg..... * | |
| Inositol..... 10 mg..... * | |
| Phosphatidylserine 10 mg..... * | |
| Silica (as Silicon Dioxide) 4 mg..... * | |
| Boron (as Sodium Borate) 2 mg..... * | |
| Lutein 2 mg..... * | |
| (from Marigold [<i>Tagetes erecta</i>] Flower Extract) | |
| Lycopene 2 mg..... * | |
| Zeaxanthin (as Zeaxanthin 400 mcg..... * | |
| Isomers from Marigold [<i>Tagetes erecta</i>] Flower Extract) | |
| Astaxanthin..... 50 mcg..... * | |
| (from <i>Haematococcus pluvialis</i>) | |
| Vanadium 10 mcg..... * | |
| (as Sodium Metavanadate) | |

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Corn Starch, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Polyvinyl Alcohol, Polyethylene Glycol, Talc, Soy Lecithin, Caramel (Color), Natural Vanilla Mint Flavor, Steviol Glycosides.

CONTAINS: Soybeans, Fish (Anchovy, Mackerel, Sardine, Smelt, Whiting, Pollock, Salmon, Tuna, Cod or a Combination Thereof).

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA.

Contains a bioengineered food ingredient.

[^]See carton for related information.

For More Information: 1-888-462-2548, GNC.com