

Natural Alternatives International (NAI) is the owner of the patent estate and registered trademark CarnoSyn®.

KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.

For More Information:  
1-888-462-2548

**SHOP NOW @ GNC.COM**

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222 USA

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**GNC**  
**PRO**  
**PERFORMANCE**

**3200MG**  
BETA-ALANINE

**BETA-ALANINE**

Boosts Muscle Carnosine Levels, a Key  
Fatigue-Controlling Factor\*

Clinically Studied Muscle pH Buffer\*

DIETARY SUPPLEMENT  
120 TABLETS

CODE 988012

FRG

## PRO PERFORMANCE<sup>®</sup> RESULTS

Beta-Alanine is clinically shown to increase levels of carnosine, a performance factor supporting muscle function.\*

**DIRECTIONS:** As a dietary supplement, take two tablets twice daily with food. For best results, take two tablets two hours before exercise and two tablets two hours after exercise.

## Supplement Facts

Serving Size Four Tablets  
Servings Per Container 30

### Amount Per Serving

CarnoSyn<sup>®</sup> Beta-Alanine 3200 mg\*

\* Daily Value not established.

**OTHER INGREDIENTS:** Cellulose, Vegetable Acetoglycerides, Caramel Color, Mica.

**WARNING:** For adult use only. Taking this product may cause tingling and flushing sensations. These sensations may be enhanced if taken close to or during exercise.

Conforms to USP <2091> for weight. Meets USP <2040> for disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, No Preservatives, Sodium Free, No Wheat, Gluten Free, No Corn, No Soy, No Dairy, Yeast Free.



GLUTEN  
FREE

ACTUAL SIZE

Lot No./Best By: