

PRIME

HYDRATION+ STICKS

6
STICKS

LOW CALORIE

HYDRATION+
STICKS

ZERO ADDED SUGAR

LEMONADE

NATURALLY FLAVORED WITH
OTHER NATURAL FLAVORS

PRIME

DIRECTIONS

ADD 1 STICK TO 16 FL OZ OF
WATER. SHAKE OR STIR TO
MIX THOROUGHLY.

REFRESHMENT, EVOLVED. THE ULTIMATE RECOVERY SUPPORT.

PRIME HYDRATION+ STICKS
ELEVATE RECOVERY TO THE
NEXT LEVEL. WITH SUPPORT
FROM COCONUT WATER,
BCAAs, AND MORE, EACH
STICK TAKES YOU FURTHER
THAN JUST WATER. DRINK IN
RAPID REPLENISHMENT
AND INTENSELY REFRESHING
FLAVORS. LEAVE THE
HYDRATION TO US. HUMBLLY,
THE PRIME TEAM.

Nutrition Facts

6 servings per container

Serving size 1 Stickpack (8.8g)

Amount per serving
Calories 20

	% DV*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 40mg	2%
Total Carbohydrate 6g	2%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 0g	

Vit. D 0mcg 0%	•	Calcium 7 mg 0%
Iron 0mg 0%	•	Potas. 700mg 15%
Vit. A 450mcg 50%	•	Vit. C 90mg 100%
Vit. E 15mg 100%	•	Vit. B6 3.4mg 200%
Vit. B12 4.8mcg 200%	•	Magnesium 124mg 30%

* The % Daily Value tells you how much a nutrient in
a serving of food contributes to a daily diet. 2,000
calories a day is used for general nutrition advice.

MANUFACTURED FOR:

PRIME HYDRATION, LLC
LOUISVILLE, KENTUCKY
40258

PHS30-LMN-C05-05-01

LEMONADE

NATURALLY FLAVORED WITH
OTHER NATURAL FLAVORS



INGREDIENTS: CITRIC ACID, COCONUT WATER CONCENTRATE, DIPOTASSIUM PHOSPHATE,
MAGNESIUM CITRATE, ASCORBIC ACID (VITAMIN C), SUCRALOSE SEA SALT, L-ISOLEUCINE,
L-LEUCINE, L-VALINE, ACESULFAME POTASSIUM, NATURAL FLAVOR, D-ALPHA-TOCOPHERYL
ACETATE (VITAMIN E), PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), VITAMIN A PALMITATE,
BETA CAROTENE (FOR COLOR), CYANOCOBALAMIN (VITAMIN B12).
CONTAINS COCONUT



6 - 8.8 g (0.31 oz) STICKPACKS | NET WT. 52.8 g (1.86 oz)

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PLEASE
RECYCLE CONTAINER



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†WHEN PREPARED AS DIRECTED