

GNC**MEGA
MEN[®]**

ESSENTIALS

50 Plus**GUMMY MULTIVITAMIN**

- Supports healthy aging*
- Supports immune health*

Orange, Cherry & Berry
Natural Flavors



DIETARY SUPPLEMENT

120 GUMMIES/60-DAY SUPPLY

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 571175

FXG

DIRECTIONS: As a dietary supplement, adults take two (2) gummies per day. Chew thoroughly before swallowing.

Supplement Facts

Serving Size Two Gummies/Servings Per Container 60

Amount Per Serving	% Daily Value	
Calories	15	
Total Carbohydrate	3 g	1%†
Total Sugars	3 g	*
Includes 3 g Added Sugars		6%†
Vitamin A (as Retinyl Acetate)	1200 mcg RAE	133%
Vitamin C (as Ascorbic Acid)	75 mg	83%
Vitamin D (as Cholecalciferol)	10 mcg (400 IU)	50%
Vitamin E (as dl- α -Tocopheryl Acetate)	20 mg	133%
Vitamin B-6 (as Pyridoxine Hydrochloride)	5 mg	294%
Folate	680 mcg DFE	170%
	(400 mcg Folic Acid)	
Vitamin B-12 (as Cyanocobalamin)	15 mcg	625%
Biotin	600 mcg	2000%
Pantothenic Acid (as Calcium d-Pantothenate)	10 mg	200%
Choline (as Choline Bitartrate)	60 mg	11%
Iodine (as Potassium Iodide)	150 mcg	100%
Zinc (as Zinc Sulfate)	5 mg	45%
Selenium (as Sodium Selenate)	110 mcg	200%
Inositol (as Inositol Niacinate)	40 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Glucose Syrup, Sugar, Water, Gelatin (Porcine) and Less than 2%: Alpha Tocopherol, Carnauba Wax, Citric Acid, Colors (Carrot & Cranberry Concentrate, Carrot, Spirulina & Pumpkin Concentrate, Paprika Oleoresin, Lycopene), Corn Oil, Corn Starch, Glycerin, Lactic Acid, Modified Corn Starch, Natural Flavors, Palm Oil, Pectin, Polysorbate 80, Propylene Glycol, Rosemary Extract, Sodium Ascorbate, Tetrasodium Diphosphate, Tripotassium Citrate.

Distributed by:**GNC Holdings, LLC****Pittsburgh, PA 15222 USA****Manufactured in a facility that also produces products that contain milk.****Product of Spain.**

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test.

No Artificial Flavors, Gluten Free.

KEEP OUT OF REACH OF CHILDREN.**Store in a cool, dry place.****Store at 15° - 23° C (59° - 75° F)****For More Information:****1-888-462-2548****GNC.com**GLUTEN
FREE

See bottom of the bottle for
EXP date and Lot No.

