

90 DELICIOUS GUMMIES/45-DAY SUPPLY

DIETARY SUPPLEMENT



**RASPBERRY LEMONADE**  
NATURAL FLAVOR

For before, during & after pregnancy  
Includes folic acid

**PRENATAL**  
**GUMMY**

# Multivitamin

**GNC**  
WOMEN'S

**CODE 571104**

**DIRECTIONS:** As a dietary supplement, adults take two (2) gummies per day. Chew thoroughly before swallowing.

| <b>Supplement Facts</b>                               |   |
|---|---|
| <b>Amount Per Serving</b>                             | <b>% Daily Value for Pregnant Women &amp; Lactating Women</b> |
| Serving Size Two Gummies<br>Servings Per Container 45 |   |
| Calories  | 20  |
| Total Carbohydrate                                    | 4 g 1%†   |
| Total Sugars  | 3 g *   |
| Includes 3 g Added Sugars                             | 6%†   |
| Vitamin A (as Retinyl Palmitate)                      | 650 mcg RAE 50%   |
| Vitamin C (as Ascorbic Acid)                          | 20 mg 17%   |
| Vitamin D (as Cholecalciferol)                        | 20 mcg (800 IU) 133%  |
| Vitamin E (as dl-alpha Tocopheryl Acetate)            | 19 mg 100%  |
| Niacin (as Inositol Nicotinate)                       | 18 mg NE 100%   |
| Vitamin B-6 (as Pyridoxine Hydrochloride)             | 2 mg 100%   |
| Folate  | 600 mcg DFE<br>(360 mcg Folic Acid) 100%                      |
| Vitamin B-12 (as Cyanocobalamin)                      | 2.8 mcg 100%  |
| Biotin  | 35 mcg 100%   |
| Iodine (as Potassium Iodide)                          | 220 mcg 76%   |
| Zinc (as Zinc Chelate)                                | 3.8 mg 29%  |
| Omega-3 Fatty Acids (from Fish Oil)                   | 65 mg *   |
| DHA/EPA (from Purified Fish Oil Concentrate)          | 50 mg *   |
| Other Omega-3 Fatty Acids                             | 15 mg *   |

† Percent Daily Values are based on a 2,000 calorie diet.

\* Daily Value not established.

**OTHER INGREDIENTS:** Glucose Syrup, Sugar, Water, Gelatin, Less than 2% of: Citric Acid, Colors (Turmeric, Paprika Extract, Radish Concentrate, Caramel Color), Lactic Acid, Natural Flavors.

**CONTAINS: Fish (Anchovy and/or Sardine with Mackerel and/or Herring).**

Manufactured in a facility that also produces products that contain milk.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA  
Product of Spain.

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test.

Gluten Free, No Eggs, No Soy.

**KEEP OUT OF REACH OF CHILDREN.**  
**Store in a cool, dry place.**

**For More Information:**

**1-888-462-2548**

**GNC.com**



GLUTEN  
FREE

See bottom of bottle for  
Exp Date and Lot No.

