

CODE 534970

AVG

DIRECTIONS: As a dietary supplement, enjoy one soft chew daily. Do not take near bedtime.

Supplement Facts

Servings Size One Chew (5.2 g)
Servings Per Container 60

Amount Per Serving	% Daily Value	
Calories	15	
Total Carbohydrate	4 g	1%
Total Sugars	0 g	*
Includes 0g Added Sugar		0%
Sugar Alcohol 3g		*
Thiamin (as Thiamin Hydrochloride)	25 mg	2083%
Riboflavin	5 mg	385%
Niacin (as Niacinamide)	12.5 mg NE	78%
Vitamin B-6 (as Pyridoxine Hydrochloride)	5 mg	294%
Folate (as Folic Acid) (100 mcg Folic Acid)	167 mcg DFE	42%
Vitamin B-12 (as Cyanocobalamin)	500 mcg	20833%
Biotin	50 mcg	167%
Pantothenic Acid (as D-Panthenol)	25 mg	500%
Caffeine	12.5 mg	*
(sourced from <i>Coffea arabica</i> seed)		

* Daily Value not established.

OTHER INGREDIENTS: Isomalt[®], Maltitol Syrup[®], Maltodextrin[®], Soy Protein Isolate, Natural Flavors, Palm Oil, Soy Lecithin, Citric Acid, Malic Acid, Fruit And Vegetable Juice For Color[®], Glycerin, Pea Protein, Sucralose, Polydextrose, Sunflower Oil

CONTAINS: Soybeans.

**Distributed by: General Nutrition Corporation
Pittsburgh, PA 15222 USA**

^Contributes a trivial amount of sugar.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Niacin may cause a temporary flushing reaction. Inform your physician of this product's biotin before any lab test.

This product contains 12.5 mg of caffeine.

No Sugar, Gluten Free.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information: 1-888-462-2548

GNC.com



GLUTEN
FREE

B-Complex Plus Energy Soft Chews are a convenient alternative to pills and a great addition to your daily nutrition and health regimen.

They're packed with B-vitamins, which are essential for carbohydrate metabolism and energy production. Plus, each soft chew has 12.5 mg of caffeine.

These delicious soft chews are gluten and sugar free. Plus, they're individually wrapped, making them easy to take on the go.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.



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