

**DIRECTIONS:** Mix each scoop (serving) of GHOST® VEGAN PROTEIN with 8-10oz of water or beverage of choice. Vary amount of liquid to taste.

**GHOST® VEGAN PROTEIN WAS CONCEIVED TO FEED SAVAGERY AROUND THE CLOCK**



**LEGENDS DON'T ALWAYS USE A SHAKER**  
GHOST® VEGAN PROTEIN is versatile AF. Use it in smoothies, protein ice cream, oats, pancakes and baked goods. Get inspired at [ghostlifestyle.com](http://ghostlifestyle.com)

**WARNING:** This product is only intended for healthy adults. Immediately discontinue use and consult a licensed, qualified healthcare professional if you experience any adverse reaction to this product.

**STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING. CONTENTS SOLD BY WEIGHT NOT VOLUME, SOME SETTling MAY OCCUR.**

**MANUFACTURED FOR GHOST LLC**  
5651 S Edmond Street  
Las Vegas, NV 89118, U.S.A.  
1-844-GHOST-88 (446-7888)

**MANUFACTURED IN THE U.S.A. IN A GMP COMPLIANT FACILITY**  
CONTAINS INGREDIENTS OF INTERNATIONAL AND DOMESTIC ORIGIN

FOLLOW US @GHOSTLIFESTYLE  



  
[WWW.GHOSTLIFESTYLE.COM](http://WWW.GHOSTLIFESTYLE.COM)

CA PROP 65 WARNING: This product may expose you to chemicals including lead known to the State of California to cause cancer and birth defects or other reproductive harm. For more information, go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).



# GHOST

**VEGAN PROTEIN**

28 SERVINGS | NET WT. 2.2lb (980g)

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

**120** CALORIES | **20g** PROTEIN

**CHOCOLATE CEREAL MILK®**  
NATURALLY AND ARTIFICIALLY FLAVORED

**NUTRITION FACTS**

Approx. 28 Servings per Container  
Serving Size: **1 Rounded Scoop (35 grams)**

Amount Per Serving	<b>120</b>	% Daily Value**
<b>CALORIES</b>		
Total Fat 2g		3%
Saturated Fat 0g		0%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 380mg		17%
Total Carbohydrate 6g		2%
Dietary Fiber 2g		7%
Total Sugars 0g		
Includes 0g Added Sugars		0%
<b>Protein 20g</b>		<b>40%</b>
Vitamin D 0mcg		0%
Calcium 39mg		4%
Iron 5mg		30%
Potassium 333mg		8%

\*\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.  
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

**Ingredients:** Vegan Protein (Pea Protein Concentrate, Organic Pumpkin Protein, Watermelon Seed Protein), Cocoa Powder (Processed with Alkali), Natural and Artificial Flavors, Sunflower Creamer (High Oleic Sunflower Oil, Tapioca Starch, Tapioca Dextrin, Natural Flavors, d-Alpha Tocopherols), Salt, Sucralose, Xanthan Gum

FULL DISCLOSURE PROTEIN	Pea Protein Concentrate 80%	15g Delivering 12g Protein
	Organic Pumpkin Protein 70%	7.86g Delivering 5.5g Protein
	Watermelon Seed Protein 75%	3.33g Delivering 2.5g Protein

NO VEGGIE SPIKING  SOY FREE  GLUTEN FREE

BE SEEN®