

DIRECTIONS: Mix each scoop (serving) of GHOST® WHEY with 5-6oz of water or beverage of choice. Vary amount of liquid to taste.

GHOST® WHEY WAS CONCEIVED TO FEED SAVAGERY AROUND THE CLOCK



LEGENDS DON'T ALWAYS USE A SHAKER
 GHOST® WHEY is versatile AF. Use it in smoothies, protein ice cream, oats, pancakes and baked goods. Get inspired at ghostlifestyle.com

WARNING: This product is only intended for healthy adults. Immediately discontinue use and consult a licensed, qualified healthcare professional if you experience any adverse reaction to this product.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING. CONTENTS SOLD BY WEIGHT NOT VOLUME, SOME SETTling MAY OCCUR.

MANUFACTURED FOR GHOST LLC
 5651 S Edmond Street
 Las Vegas, NV 89118, U.S.A.
 1-844-GHOST-88 (446-7888)

MANUFACTURED IN THE U.S.A. IN A GMP COMPLIANT FACILITY
 CONTAINS INGREDIENTS OF INTERNATIONAL AND DOMESTIC ORIGIN

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WWW.GHOSTLIFESTYLE.COM

CA PROP 65 WARNING: This product may expose you to chemicals including lead known to the State of California to cause cancer and birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.



GHOST

WHEY PROTEIN
 26 SERVINGS | NET WT. 2lb (924g)

140 CALORIES | **26G** PROTEIN

PEANUT BUTTER CEREAL MILK®
 NATURALLY AND ARTIFICIALLY FLAVORED

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

NUTRITION FACTS

Approx. 26 Servings per Container
 Serving Size: 1 Rounded Scoop (35.5 grams)

Amount Per Serving	140	% Daily Value**
CALORIES		
Total Fat 1.5g		2%
Saturated Fat 1g		5%
Trans Fat 0g		
Cholesterol 40mg		13%
Sodium 180mg		8%
Total Carbohydrate 4g		1%
Dietary Fiber 0g		0%
Total Sugars 2g		
Includes 0g Added Sugars		0%
Protein 26g		52%
Vitamin D 0mcg		0%
Calcium 137mg		10%
Iron 0mg		0%
Potassium 141mg		4%

** The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.
 Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Whey Protein (Whey Protein Isolate 90% (Sunflower Lecithinated), Whey Protein Concentrate 80% (Sunflower Lecithinated), Hydrolyzed Whey Protein Isolate), Peanut Flour (Adding 1g Protein), Natural and Artificial Flavor, Salt, **Enzymes** (Proteases, Bromelain, Lactase), Cellulose Gum, Xanthan Gum, Sucralose, Caramel Color
 Contains: Milk, Peanuts

FULL DISCLOSURE PROTEIN	Whey Protein Isolate 90%	14.53g Delivering 12.5g Protein
	Whey Protein Concentrate 80%	13.16g Delivering 10g Protein
	Hydrolyzed Whey Protein Isolate	2.98g Delivering 2.5g Protein

NO AMINO SPIKING | SOY FREE | GLUTEN FREE



BE SEEN®