

GNC
TOTAL LEAN®

Layered LEAN BAR

Convenient, delicious snack

Lean muscle support

CALORIES
190

PROTEIN
16G

GLUTEN
FREE

GNC Total Lean® - a simple plan for living leaner:

- Meal replacements & meal and exercise plan
- Energy & metabolism support
- Cleansing & detox
- Vitamins & on-the-go snacks

For your customized Total Lean® experience,
visit www.totallean.com



**WHIPPED CHOCOLATE
MOUSSE**
NATURAL FLAVOR

CODE 496873

CUG

DIRECTIONS: As a delicious snack, enjoy once or twice daily in conjunction with a healthy weight management program.

Nutrition Facts

5 Servings Per Container

Serving Size

One Bar (44g)

Amount Per Serving

Calories

190

% Daily Value*

Total Fat 8g					10%
Saturated Fat 4g					20%
Trans Fat 0g					
Polyunsaturated Fat 2g					
Monounsaturated Fat 2g					
Cholesterol 20mg					7%
Sodium 230mg					10%
Total Carbohydrate 14g					5%
Dietary Fiber 1g					4%
Total Sugars 5g					
Includes 4g Added Sugars					8%
Protein 16g					32%
Vitamin D 0.3mcg	2%	*	Calcium 50mg	4%	
Iron 1mg	6%	*	Potassium 110mg	2%	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Vegetable Oils (Palm, Palm Kernel, Soybean), Soy Protein Isolate, Vegetable Glycerin, Sugar, Gelatin, Maltitol, Sorbitol, Cocoa (Processed with Alkali), Corn Syrup, Water, Sunflower Oil, Natural Flavors, Salt, Sunflower Lecithin, Maltodextrin, Propylene Glycol Mono Esters, Sodium Caseinate, Potassium Sorbate, Baking Soda, Soy Lecithin, Mono and Diglycerides, Acetylated Monoglycerides, Whey, beta-Carotene, Vitamin A Palmitate, Sucralose, Natural Tocopherols, Silicon Dioxide, Almond and Peanuts.

CONTAINS: Milk, Soybeans, Tree Nuts (Almond) and Peanuts.

Manufactured in a plant that processes wheat, egg and fish.



GLUTEN
FREE

Store at 55 °F-75 °F. Protect
from heat, light and moisture.

For More Information:

1-888-462-2548

GNC.com

Distributed by:

General Nutrition Corporation

Pittsburgh, PA 15222 USA



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Hunger-Satisfying, High-Protein Snack Bar

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**WHIPPED CHOCOLATE
MOUSSE**
NATURAL FLAVOR

5- 44 g (1.55 oz) BARS

Net Wt 220 g (7.75 oz)

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