Nutrition Facts

12 servings per container

Serving size **1 bar (43g)**

Amount per serving

Calories **210**

	% Daily Value*
Total Fat 15g	**19%**
Saturated Fat 3.5g	**18%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 170mg	**7%**
Total Carbohydrate 15g	**5%**
Dietary Fiber 7g	**25%**
Total Sugars 1g	
Includes 0g Added Sugars	**0%**
Sugar Alcohols 4g	
Protein 10g	**19%**

Vit. D 0mcg 0% • Calcium 90mg 6%

Iron 0.9mg 4% • Potassium 180mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ALMONDS, SOLUBLE CORN FIBER, PEANUTS, WHEY PROTEIN ISOLATE, PALM KERNEL OIL, ERYTHRITOL, GLYCERIN, SODIUM CASEINATE, MILK PROTEIN ISOLATE. CONTAINS LESS THAN 2% OF THE FOLLOWING: COCOA PROCESSED WITH ALKALI, WATER, NATURAL FLAVORS, SEA SALT, STEVIA SWEETENER, SUNFLOWER LECITHIN.

CONTAINS: MILK, ALMONDS, PEANUTS.

PROCESSED IN A FACILITY THAT ALSO PROCESSES EGGS, SOY, WHEAT, AND OTHER TREE NUTS.

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*** 15g Carbs - 7g Fiber - 3g Erythritol = 5g Net Carbs**

QUEST NUTRITION IS ON A MISSION TO MAKE THE FOODS YOU CRAVE WORK FOR YOU NOT AGAINST YOU

That's why we created the Quest Snack Bar. Sweet & savory travel-sized snacks made with real almonds, peanuts and fruit. Simply delicious.

For Illustration Only

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