## **Nutrition Facts**

Serving Size 1 Bag (32g)

**Amount Per Serving** 

Calories 140 Calories from Fat 40

38%

	% Daily Value*
Total Fat 4.5g	7%
Saturated Fat 0.5g	3%
Trans Fat 0g	- 70
Cholesterol 10mg	3%
Sodium 330mg	14%

Total Carbohydrate 5g 2% Dietary Fiber 1a 4%

Sugars 1g

Protein 19g

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	Vitamin A 0%	•	Vitamin C 0%	
	Calcium 20%			

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily value may be higher or lower depending on your calories needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per grams:

Fat 9 · Carbohydrate 4 · Protein 4

INGREDIENTS: PROTEIN BLEND (MILK PROTEIN ISOLATE, WHEY PROTEIN ISOLATE), HIGH OLEIC SUNFLOWER OIL, CALCIUM CASEINATE, CORN STARCH. NATURAL FLAVORS, BUTTERMILK POWDER, NONFAT MILK, PSYLLIUM HUSK, CONTAINS LESS THAN 2% OF THE FOLLOWING: CHEDDAR CHEESE POWDER (CULTURED MILK, SALT, ENZYMES), TOMATO POWDER, ONION POWDER, GARLIC POWDER, SPICE, SALT, SOLUBLE CORN FIBER, WHEY POWDER, CHIA SEED, TURMERIC EXTRACT (COLOR), MALIC ACID, SUGAR, SUNFLOWER LECITHIN, CALCIUM CARBONATE, YEAST EXTRACT, STEVIOL GLYCOSIDES (STEVIA).

CONTAINS: MILK

PROCESSED IN A FACILITY THAT ALSO PROCESSES SOY AND WHEAT.

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MADE IN USA WITH DOMESTIC AND MPORTED INGREDIENTS.

## **QUEST NUTRITION** FOODS YOU CRA

Want a rich, zesty tortilla chip you can enjoy anytime? Lucky you! We made Quest® Ranch Tortilla Style Protein Chips to feed your flavor cravings.







NEVER FRIED INGREDIENTS

\*5g Carbs - 1g Fiber = 4g Net Carbs







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