

Magnesium helps build strong bones and maintain healthy teeth. It's also involved in heart, skeletal muscle, nerve and cell function, and it's required by the body for energy production.*

Adding Magnesium Powder to your favorite beverage is a delicious way to boost your daily nutrition and health regimen.

GNC

Magnesium

POWDER

Essential for strong bones & teeth*
Necessary for muscle & nerve function*



LEMON
NATURAL FLAVOR

DIETARY SUPPLEMENT
NET WT. 11.85 OZ. (336 G)
84 SERVINGS

CODE 439056

LUG

DIRECTIONS: As a dietary supplement, mix one scoop in 6 to 8 fl. oz. of water or your beverage of choice once daily. Do not exceed recommended dose.

Supplement Facts

Serving Size 1 scoop (4 g)

Servings Per Container 84 servings

Amount Per Serving	% Daily Value	
Calories	5	
Total Fat	0 g	0%
Total Carbohydrate	1 g	<1%
Magnesium	325 mg	77%
(as Magnesium Citrate and Magnesium Carbonate)		

† Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Natural Flavor, Citric Acid, Malic Acid, Stevia

Distributed by:

General Nutrition Corporation
Pittsburgh, PA 15222 USA

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

GNC.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Lot No./Best By: