

CODE 419154

DUG

**DIRECTIONS:** As a dietary supplement, enjoy one to two soft chews daily.

## Supplement Facts

Serving Size One Soft Chew

Amount Per Serving	% Daily Value	
Calories	20	
Total Carbohydrate	4 g	1%†
Total Sugars	3 g	*
Includes 3 g Added Sugars		6%†
Vitamin D (as Cholecalciferol D-3)	25 mcg (1000 IU)	125%

† Percent Daily Values are based on a 2,000 calorie diet.

\* Daily Value not established.

**OTHER INGREDIENTS:** Sugar, Corn Syrup, Cocoa (Processed With Alkali), Palm Oil, Soy Lecithin, Natural Flavor, Corn Starch, Glycerin.

**CONTAINS: Soybeans.**

Vitamin D-3 Soft Chews provide 125% of the daily value of vitamin D in a delicious, chocolate-flavored soft chew. Vitamin D-3 is highly absorbable and the most widely studied form of vitamin D.

Vitamin D is essential to help your body regulate calcium and phosphate levels for strong, healthy bones and teeth.\* In addition, vitamin D enhances calcium absorption, which means your body can use calcium more effectively.\*

The recommended range of vitamin D intake is 10 mcg (400 IU) to 20 mcg (800 IU) per day. The average person consumes less than 50% of the recommended amount per day, falling short of the healthy requirements.

Your whole family can enjoy these great-tasting soft chews while getting numerous health benefits from vitamin D. To ensure a complete nutritional program, be sure to add one of GNC's premier multivitamins to your daily regimen.

**KEEP OUT OF REACH OF CHILDREN.**

Store in a cool, dry place.

For More Information:

1-888-462-2548

GNC.com

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Pittsburgh, PA 15222 USA



**GLUTEN FREE**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.

