

Built By Science. Driven
By Obsession. Elevated
Through Innovation.

If it's on our labels, then
it's in our bottles. A premium
nighttime protein for extended
nutrient delivery while you sleep.*

Proven Ingredients.
Proven Doses. Clinical
Quality. Real Science.
Real Results.

BEYOND RAW®
ISO-CASEIN
P.M.

PREMIUM SLOW-DIGESTING
NATIVE MICELLAR CASEIN &
RESTFUL SLEEP SUPPORT*

CHOCOLATE

NATURAL & ARTIFICIAL FLAVOR

25g

PROTEIN

5.5g

BCAA

3mg

MELATONIN

200mg

Suntheanine®

25 SERVINGS

DIETARY SUPPLEMENT

NET WT 35.98 OZ (2.25 LB) 1020 G

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.



KEEP OUT OF
REACH OF CHILDREN.
Store in a cool, dry place.
For More Information:
1-888-462-2548
[BEYONDRRAW.COM](https://www.beyondraw.com)
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

CODE 389800 DSG
DIRECTIONS: As a dietary supplement, mix one rounded scoop with 10 fl. oz. of cold water 30-45
minutes before bedtime.

Supplement Facts

Serving Size 1 Scoop (40.8 g)
Servings Per Container 25

Amount Per Serving		% Daily Value
Calories	130	
Total Fat	1 g	1%†
Saturated Fat	0.5 g	3%†
Cholesterol	25 mg	8%†
Total Carbohydrate	5 g	2%†
Dietary Fiber	1 g	4%†
Total Sugars	2 g	+
Protein	25 g	
Calcium	850 mg	50%†
Sodium	190 mg	8%†
Potassium	180 mg	4%†
BCAA	5.5 g	+
L-Leucine (as Micellar Casein Isolate and L-Leucine)	2.7 g	+
L-Valine (as Micellar Casein Isolate)	1.5 g	+
L-Isoleucine (as Micellar Casein Isolate)	1.3 g	+
Relaxation & Restful Sleep	10.5 g	+
Glutamic Acid & Glutamine (as Micellar Casein Isolate and L-Glutamine)	10 g	+
Tryptophan (as Micellar Casein Isolate)	300 mg	+
Suntheanine® L-Theanine	200 mg	+
Melatonin	3 mg	+
Digestive Enzymes	256.7 mg	+
ProHydrolase® Protease Enzyme Blend (Proteases from <i>Bacillus subtilis</i> and <i>Ananas comosus</i>)(87,500 HUT)	250 mg	+
Lactase	6.7 mg	+

† Percent Daily Values are based on a 2,000 calorie diet.
+ Daily Value not established.

OTHER INGREDIENTS: Native Micellar Casein Isolate, Natural and Artificial Flavors, Cocoa Powder
(Processed with Alkali), Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Sodium Chloride,
Sucralose, Acesulfame Potassium, Trisodium Citrate Dihydrate, Tripotassium Citrate, Rice Dextrin, Silicon
Dioxide.

CONTAINS: Milk and Soybeans.

WARNING: For adult use only at bedtime. This product is not to be taken by pregnant or lactating women.
If you are taking medication or have a medical condition, consult a physician before using this product. Do
not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery.
Discontinue use two weeks prior to surgery.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product
settling may occur.

Gluten Free.

Suitable for a low-lactose diet.

ProHydrolase® is a trademark of Deerland Enzymes, Inc.

Suntheanine® is a registered trademark of Taiyo International, Inc.