

GNC

WOMEN'S Prenatal Formula with Iron

Dietary Supplement

NUTRITIONAL INSURANCE FOR MOM & BABY*

- 1000 mcg of folic acid for fetal development*
- Calcium to support bone health*
- Iron to support increased blood volume*

**120 CAPLETS
60-DAY SUPPLY**

Folate intake should not exceed 278% of the DV 1667 mcg DFE (1000 mcg). Conforms to USP <2091> for weight. Meets USP <2040> disintegration. No Artificial Flavors, No Dairy.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA



CODE 214312

ITG

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets
Servings Per Container 60

Amount Per Serving	% Daily Value‡
Vitamin A (as beta-Carotene)	1350 mcg 104%
Vitamin C (as Ascorbic Acid)	120 mg 100%
Vitamin D (as Cholecalciferol D-3)	10 mcg (400 IU) 67%
Vitamin E (as d-alpha Tocopheryl Succinate)	24.79 mg 130%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.4 mg 100%
Riboflavin (Vitamin B-2)	1.6 mg 100%
Niacin (as Niacinamide)	18 mg 100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	10 mg 500%
Folate	1667 mcg DFE 278% (1000 mcg Folic Acid)
Vitamin B-12 (as Cyanocobalamin)	8 mcg 286%

Amount Per Serving	% Daily Value‡
Biotin	35 mcg 100%
Pantothenic Acid (as Calcium d-Pantothenate)	7 mg 100%
Choline (as Choline Bitartrate)	0.55 mg 0%
Calcium (as Calcium Carbonate)	600 mg 46%
Iron (as Ferrous Fumarate)	18 mg 67%
Iodine (as Potassium Iodide)	290 mcg 100%
Magnesium (as Magnesium Oxide)	200 mg 50%
Zinc (as Zinc Oxide)	15 mg 115%
Selenium (as Selenium Yeast)	70 mcg 100%
Copper (as Copper Gluconate)	1.3 mg 100%
Manganese (as Manganese Sulfate)	2.6 mg 100%
Molybdenum (as Sodium Molybdate)	50 mcg 100%
Boron (as Boron Citrate)	150 mcg *

‡ Daily Value for pregnant or lactating women.
* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Croscarmellose Sodium, Hydroxypropylcellulose, Stearic Acid, Corn Starch, Polyethylene Glycol, Magnesium Stearate Vegetable Source, Calcium Silicate, Silicon Dioxide, Talc.
CONTAINS: Wheat and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Niacin may cause a temporary flushing reaction. Inform your physician of this product's biotin content before any lab test.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Lot No./Best By: