

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:
1-888-462-2548

GNC.com

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA



GNC

Melatonin

Supports restful sleep*



120 VEGETARIAN TABLETS

120-DAY SUPPLY

DIETARY SUPPLEMENT

CODE 109023

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DIRECTIONS: As a dietary supplement, take one tablet before bedtime. Do not exceed one tablet in any 24-hour period.

Supplement Facts

Serving Size One Tablet

Amount Per Serving		%Daily Value
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	118%
Calcium	45 mg	3%
Melatonin	3 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source.

WARNING: For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

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* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.