

KEEP OUT OF REACH  
OF CHILDREN.

Store in a cool,  
dry place.

For More Information:  
1-888-462-2548  
GNC.com

**GNC**

# Soy Lecithin Granules

Provides dietary support for brain, liver  
and cardiovascular health\*

Contains 1.5 g of Phosphatidylcholine  
per serving



**NET WT. 16.01 OZ. (454 G)**  
**60 SERVINGS**

**DIETARY SUPPLEMENT**

\*This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

**CODE 050832**

**GVG**

Soy lecithin granules supply a naturally occurring combination of phosphatidylcholine (PC) and other phospholipids extracted from soybeans. Lecithin is a preferred source of choline and is used effectively by the body. Choline is essential for making acetylcholine, a messenger chemical that is important in sending messages from one nerve cell to another.\* Clinical studies have also shown that lecithin helps the body emulsify fat and provides dietary support for liver and cardiovascular health and nervous system function.\* Soy lecithin granules are convenient to use and can be sprinkled on food or mixed in juice or water.

**DIRECTIONS:** As a dietary supplement, take one scoop daily. For maximum benefits, take as directed every day.

## Supplement Facts

Serving Size One Scoop (7.5 g)  
Servings Per Container About 60

Amount Per Serving	% Daily Value	
Calories	60	
Total Fat	6 g	8%†
Saturated Fat	1 g	5%†
Polyunsaturated Fat	2.5 g	*
Total Carbohydrate	1 g	<1%†
Calcium	56 mg	4%
Phosphorus	240 mg	19%
Phosphatidylcholine	1.5 g	*

† Percent Daily Value based on a 2,000 calorie diet.

\* Daily Value not established.

**INGREDIENTS:** Soy Lecithin, Tricalcium Phosphate.

**CONTAINS:** Soy.

**Distributed by:** General Nutrition Corporation, Pittsburgh, PA 15222 USA

**NOTICE:** Significant product settling may occur.

No Artificial Colors, No Artificial Flavors, No Preservatives, No Wheat, No Corn, No Dairy.

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