

GNC
milestones[®]

kids

**Gummy DHA
For Kids 2-12**

Dietary Supplement

**Omega-3s + Nutrients
Important for Overall
Health***



Gluten Free
Raspberry Lemon Natural Flavors

120 GUMMIES
60-DAY SUPPLY

CODE 07108 **AVG**

DIRECTIONS: As a dietary supplement, children ages 2-3 years, take one (1) gummy per day. Children ages 4 and up, take two (2) gummies per day. Chew thoroughly before swallowing.

Supplement Facts

Amount Per Serving	% Daily Value for Children	
	2-3 Years of Age	4 Years of Age and Up
Servings Per Container	One Gummy 120	Two Gummies 60
Total Fat	0.1 g	<1% ¹
Total Carbohydrate	2 g	1% ¹
Total Sugars	2 g	*
Includes Added Sugars	2 g	8% ¹
Vitamin A (as Retinyl Palmitate)	75 mcg RAE	25%
Vitamin C (as Ascorbic Acid)	3 mg	20%
Vitamin D (as Cholecalciferol)	2.5 mcg (100 IU)	17%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	1 mg	17%
Total Omega-3 Fatty Acids	50 mg	*
EPA/DHA (from Purified Fish Oil Concentrate)	25 mg	*
ALA (from Flaxseed Oil) (Plant Based)	25 mg	*

¹ Percent Daily Values are based on a 2,000 calorie diet.
² Percent Daily Values are based on a 1,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Sugar, Glucose Syrup, Water, Gelatin, Less than 2% of: Citric Acid, Colors (Turmeric, Paprika Extract, Redish Concentrate, Caramel Color), Lactic Acid, Natural Flavors.

CONTAINS: Fish (Anchovy and/or Sardine with Mackerel and/or Herring).
Manufactured in a facility that also produces products that contain milk.

Distributed by: General Nutrition Corporation, Pittsburgh, PA 15222

Product of Spain

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. This product should only be fed to seated, supervised children who are accustomed to chewing solid foods.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



GLUTEN FREE

- Provides 50 mg EPA/DHA omega-3s per two gummies
- Features nutrients important for eye & brain health*
- Includes vitamin D-3 for healthy teeth & bones*

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
For More Information:
1-800-451-7546
GNC.com

Lot / Exp. Date



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