

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

GNC.com

Distributed by:

General Nutrition Corporation

Pittsburgh, PA 15222 USA

**GNC**

# Selenium

Helps build antioxidant enzymes in the body\*

ACTUAL SIZE



200 VEGETARIAN CAPLETS

200-DAY SUPPLY

DIETARY SUPPLEMENT

CODE 004613

DUG

Selenium is an essential mineral to build antioxidant enzymes in the body.\*

**DIRECTIONS:** As a dietary supplement, take one caplet daily.

## Supplement Facts

Serving Size One Caplet

Amount Per Serving	% Daily Value	
Calcium	35 mg	3%
Selenium (as Selenium Yeast)	200 mcg	364%

**OTHER INGREDIENTS:** Microcrystalline Cellulose, Dicalcium Phosphate, Croscarmellose Sodium, Hydrogenated Vegetable Oil, Silicon Dioxide, Magnesium Stearate Vegetable Source, Carnauba Wax, Ethylcellulose, Triacetin, Diacetylated Monoglycerides, Oleic Acid, Polyethylene Glycol.

**CONTAINS: Wheat and Soybeans.**

All mineral amounts shown are elemental.

Potency verified by GNC procedure #4000.

Conforms to USP <2091> for weight.

Meets USP <2040> for disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors,  
No Preservatives, Sodium Free, No Corn, No Dairy.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: