

KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.

For More Information:  
1-888-462-2548  
GNC.com

ACTUAL  
SIZE



**GNC**  
SUPERFOODS

**KELP**

.....  
VEGETARIAN FORMULA  
.....

*A natural source of iodine*



DIETARY SUPPLEMENT

**180 VEGETARIAN TABLETS • 180-DAY SUPPLY**

CODE 004103

BWG

**DIRECTIONS:** As a dietary supplement, take one tablet daily.

**Supplement Facts**

Serving Size One Tablet

Amount Per Serving	% Daily Value	
Calcium (as Tricalcium Phosphate)	80 mg	6%
Iodine (from Kelp)	225 mcg	150%
Kelp ( <i>Laminaria japonica</i> ) Thallus Extract	33.75 mg	*

\* Daily Value not established.

**OTHER INGREDIENTS:** Tricalcium Phosphate, Guar Gum, Croscarmellose Sodium, Calcium Silicate, Magnesium Stearate Vegetable Source, Silicon Dioxide, Stearic Acid Vegetable Source.

**Distributed by:** GNC Holdings, LLC, Pittsburgh, PA 15222

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition.

Discontinue use two weeks prior to surgery.

No Artificial Colors, No Artificial Flavors, Gluten Free, No Milk.

Lot No./Best By: