

OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Stearic Acid Vegetable Source, Hydroxypropylcellulose, Dicalcium Phosphate, Magnesium Stearate Vegetable Source, Polyethylene Glycol, Talc, Natural Vanilla Mint Flavor, Chlorophyllin (Color), Stevia Leaf Extract.

CONTAINS: Soybeans, Fish (Anchovy, Mackerel, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof).

Distributed by:

**General Nutrition Corporation
Pittsburgh, PA 15222 USA**

⚠ WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov.

Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.

Conforms to USP <2091> for weight.

No Artificial Flavors, No Wheat, Gluten Free, No Dairy.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

**For More Information:
1-888-462-2548
GNC.com**

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**GLUTEN
FREE**

**GNC
WOMEN'S**

Multivitamin

50 PLUS

Make 50 fabulous.

Add this multivitamin to your regimen to help support your healthy lifestyle.*

- ✓ **Bone Health**
Features vitamin D plus calcium and magnesium for healthy bones*
- ✓ **Memory Support**
Includes choline to support memory function and ginkgo biloba for mental sharpness*
- ✓ **Skin Health**
Includes hyaluronic acid to support skin repair*
- ✓ **Antioxidants**
Help protect against free radicals that can destroy healthy cells and promote the cell-aging process*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**GNC
WOMEN'S**

Multivitamin

50 PLUS

Specially formulated for women 50 & older
Clinically proven to make you feel better^
Timed-Release



DIETARY SUPPLEMENT

120 CAPLETS/60-DAY SUPPLY

CODE R2553

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets/Servings Per Container 60

Amount Per Serving		% Daily Value
Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)	1500 mcg	167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg	222%
Vitamin D (as Cholecalciferol)	40 mcg	200%
Vitamin E (as Natural δ-alpha Tocopheryl Acetate)	201 mg	134%
Vitamin K (as Phytanadione)	80 mcg	67%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	4167%
Riboflavin (Vitamin B-2)	50 mg	3846%
Niacin (as Niacinamide & Niacin)	50 mg	313%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2941%
Folate	680 mcg	170%
	(400 mcg Folic Acid)	
Vitamin B-12 (as Cyanocobalamin)	50 mcg	2083%
Biotin	300 mcg	1000%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	1000%
Choline (as Choline Bitartrate)	10 mg	2%
Calcium (as Calcium Carbonate, Calcium d-Pantothenate & Calcium Ascorbate)	500 mg	38%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	50 mg	12%
Zinc (as Zinc Oxide)	15 mg	136%
Selenium (as L-Selenomethionine)	200 mcg	364%
Copper (as Copper Sulfate)	2 mg	222%
Manganese (as Manganese Sulfate)	2 mg	87%
Chromium (as Chromium Chloride)	120 mcg	343%
Molybdenum (as Sodium Molybdate)	75 mcg	167%
Super Antioxidant Blend	28.95 mg	*
alpha-Lipoic Acid	25 mg	*
Lutemax® 2020 Lutein	2 mg	*
Lycopene	1 mg	*
CurcuWIN® Turmeric Root Extract (Curcuma longa)(20% Curcuminoids + 100 mcg)	500 mcg	*
Zeaxanthin (as Zeaxanthin Isomers)	400 mcg	*
Astaxanthin (from Haematococcus pluvialis)	50 mcg	*
beta-Cryptoxanthin	10 mcg	*
Brain Support Blend	22.01 mg	*
Inositol	10 mg	*
Ginkgo biloba Leaf Powder	5 mg	*
Bacopa monnieri Extract (Whole Plant)	4 mg	*
Boron (as Sodium Borate)	2 mg	*
Phosphatidylserine	1 mg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*
Eye & Skin Health Complex	20.5 mg	*
Silica (as Silicon Dioxide)	4 mg	*
Black Currant Fruit Extract (Ribes nigrum)	2.5 mg	*
Blueberry Fruit Powder (Vaccinium spp.)	2.5 mg	*
Cranberry Fruit Concentrate (Vaccinium macrocarpon)	2.5 mg	*
Bilberry Fruit Powder (Vaccinium myrtillus)	2.5 mg	*
Elderberry Fruit Powder (Sambucus nigra)	2.5 mg	*
Hyaluronic Acid (as Sodium Hyaluronate)	2 mg	*
Resveratrol	1 mg	*
Grape Seed Extract (Vitis vinifera)(86% Polyphenols + 0.86 mg)	1 mg	*

* Daily Value not established.

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.