

KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.

For More Information:  
1-888-462-2548

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Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222 USA



**GNC**  
**PRO**  
**PERFORMANCE**

**351MG**  
NIGHTTIME BLEND

**ZINC MAGNESIUM**

Restful Sleep & Anabolic Support\*

DIETARY SUPPLEMENT  
60 TABLETS

FRG  
CODE 988313

DIRECTIONS: As a dietary supplement, take one tablet daily at bedtime.

## Supplement Facts

Serving Size One Tablet

Amount Per Serving	% Daily Value	
Vitamin B-6 (as Pyridoxine Hydrochloride)	15 mg	750%
Magnesium (as Magnesium Aspartate 450 mg)	90 mg	23%
Zinc (as Zinc Citrate)	30 mg	200%
<b>Nighttime Blend</b>	<b>351 mg</b>	<b>*</b>
L-Theanine	100 mg	*
L-Tyrosine	100 mg	*
L-Tryptophan	100 mg	*
GABA (gamma-Aminobutyric Acid)	50 mg	*
Melatonin	1 mg	*

\* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Povidone, Stearic Acid Vegetable Source, Silicon Dioxide, Magnesium Stearate Vegetable Source, Carmine Color, Red Cabbage Juice Powder, Natural Vanilla Mint Flavor, Vegetable Acetoglycerides, Stevia Leaf Extract.

WARNING: For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery.

\* This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

**Gf**

GLUTEN  
FREE

Lot No./Best By: