KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by: **General Nutrition Corporation** Pittsburgh, PA 15222 USA

ACTUAL SIZE



GNC 1500_{MG}

L-GLUTAMINE

Plays an Important Role in Muscle Function Pre- & Post-Exercise*

DIETARY SUPPLEMENT 90 CAPSULES

CODE 987913

PRO PERFORMANCE RESULTS

Supplementation may help maintain glutamine levels that have been depleted as a result of intense exercise and may support muscle function.* Glutamine is involved in protein synthesis and plays a pivotal role in the body's nitrogen balance.* It serves as a fuel for the immune system and maintenance of proper intestinal function,*

DIRECTIONS: As a dietary supplement, take 2-4 capsules daily, preferably 2 capsules before exercise and 2 capsules after exercise.

Supplement Facts Serving Size Two Capsules Servings Per Container 45 Amount Per Serving L-Glutamine 1500 ma * Daily Value not established.

OTHER INGREDIENTS: Gelatin.

Potency verified by GNC procedure #5052,

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, Sodium Free, No Wheat, Gluten Free, No Corn, No Sov. No Dairy, Yeast Free.



FREE

FRG

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.