

PRIME

HYDRATION+ STICKS

6
STICKS

HYDRATION+
STICKS

ZERO ADDED SUGAR

BLUE
RASPBERRY
NATURALLY FLAVORED

PRIME

DIRECTIONS

ADD 1 STICK TO 16 FL OZ OF WATER. SHAKE OR STIR TO MIX THOROUGHLY.

REFRESHMENT, EVOLVED. THE ULTIMATE RECOVERY SUPPORT.

PRIME HYDRATION+ STICKS ELEVATE RECOVERY TO THE NEXT LEVEL. WITH SUPPORT FROM COCONUT WATER, BCAAS, AND MORE, EACH STICK TAKES YOU FURTHER THAN JUST WATER. DRINK IN RAPID REPLENISHMENT AND INTENSELY REFRESHING FLAVORS. LEAVE THE HYDRATION TO US. HUMBLBY, THE PRIME TEAM.

Nutrition Facts

Serving size 1 Stick Pack (9.51g)
per 16 oz water

Amount per serving
Calories **20**
% DV*

Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	40mg	2%
Total Carbohydrate	6g	2%
Dietary Fiber	1g	4%
Total Sugars	2g	
Includes 0g added sugars		0%
Protein	0g	

Vitamin D 0mcg 0% • Calcium 7mg 0% • Iron 0mg 0%
Potassium 700mg 15% • Vitamin A 900mcg 100%
Vitamin C 90mg 100% • Vitamin E 15mg 100%
Vitamin B6 3.4mg 200% • Vitamin B12 4.8mcg 200%
Magnesium 124mg 30%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories Per Gram:
Fat 9 • Carbohydrates 4 • Protein 4

INGREDIENTS: CITRIC ACID, COCONUT WATER FROM CONCENTRATE, NATURAL FLAVOR, DIPHOSPHATE, MAGNESIUM CITRATE, SUCRALOSE, ASCORBIC ACID (VITAMIN C), L-ISOLEUCINE, L-LEUCINE, L-VALINE, SEA SALT, D-ALPHA-TOCOPHERYL ACETATE (VITAMIN E), ACESULFAME POTASSIUM, RETINYL PALMITATE (VITAMIN A), PYRIDOXINE HYDROCHLORIDE (VITAMIN B-6), CYANOCOBALAMIN (VITAMIN B-12).
CONTAINS ALLERGEN: TREE NUTS (COCONUT)



PHS20-6BLR-01



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MANUFACTURED FOR:
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6 - 9.51 g (57.06 g)
HYDRATION+ STICKS