Capsimax® Capsimax® trademark belongs to OmniActive Health Technologies.

INFORMED-CHOICE.ORG Trusted by sport

Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. *Product was tested for over 220 banned substances on the 2019 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

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FPO

GNC PRO PERFORMANCE® AMP

GOLD SERIES CARDIO SCULPT

- Thermo Focus Blend
- CLA to Fuel Energy & Fat Metabolism*
- Essential Aminos Including 4 g of BCAAs Plus Arginine & Citrulline

156MG NATURAL CAFFEINE | 1.7G CLA 500MG MCT 200MG CARNITINE | 0G SUGAR

BANNED SUBSTANCE FREE*

DIETARY SUPPLEMENT

ORANGE PINEAPPLE

NATURAL FLAVORS

20 SERVINGS

Net Wt 10.58 oz (300 g)

AMP

CODE 509667 BUG

DIRECTIONS: As a dietary supplement, add one scoop to 8 to 10 fl. oz. of water and mix thoroughly. Do not take before bedtime.

Supplement Facts

Serving Size 1 Scoop (15 g)
Servings Per Container 20

Amount Per Serving		% Daily Value
Calories	10	
Total Carbohydrate	1 g	<1%†
Total Sugars	0 g	*
Includes 0 g Added Sugars		0%†
Vitamin D (as Cholecalciferol D-3)	10 mcg	50%
Vitamin B-6 (as Pyridoxine Hydrochloride)	10 mg	588%
Vitamin B-12 (as Cyanocobalamin)	10 mcg	417%
Folate (Folic Acid 200 mcg)	330 mcg DFE	83%
Calcium (as Calcium Citrate)	100 mg	8%
Essential Amino Blend	**5.2g**	*
L-Leucine	2 g	*
L-Isoleucine	1 g	*
L-Valine	1 g	*
Glutamine	500 mg	*
Histidine	100 mg	*
Lysine	100 mg	*
Methionine	100 mg	*
Threonine	100 mg	*
Tryptophan	100 mg	*
Phenylalanine	100 mg	*
Taurine	100 mg	*
Fat Metabolism Blend	**1.9 g**	*
CLA (Conjugated Linoleic Acid) (from Safflower Oil)	1.7g	*
Carnitine (as L-Carnitine L-Tartrate)	200 mg	*
Amino Pump Blend	**1 g**	*
L-Arginine	500 mg	*
L-Citrulline	500 mg	*
Thermo Focus Blend	**695 mg**	*
Medium Chain Triglycerides	500 mg	*
Coffee Extract (as *Coffea arabica* Standardized to 98% Caffeine = 156 mg)	160 mg	*
Capsimax® Seed Extract (*Capsicum annum*)	35 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Citric Acid, Natural Flavors, Malic Acid, Reb A (Stevia Extract), Beet Root Powder (Color), beta-Carotene (Color).

CONTAINS: Milk.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: Significant product settling may occur.

Each serving contains 156 mg of caffeine.