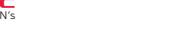
'In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GRC vitamin and mineral blends for six weeks sepreinced significant improvements in serum levels of certain key nutrients compared to a placebo and a leading multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin, ribidrain, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-tocopherol, selforum, lutein and lycopene). Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.



Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.





Multivitamin

ENERGY & METABOLISM

Zoom!

Get the multivitamin that will help support your metabolism and defeat your to-do list.*

- Clinically Studied Multivitamin Blend Contains a clinically studied multivitamin blend shown to work better than a basic multivitamin*
- Energy Production Shown to improve levels of key B-vitamins^ essential for energy production*
- Calorie Burning
 Features a combination of
 thermogenic ingredients that
 may support calorie burning*
- Mental Sharpness & Memory Includes caffeine for mental sharpness and choline for memory support*

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Multivitamin

ENERGY & METABOLISM

Specially formulated for calorie burn & mental sharpness* Clinically proven to make you feel better^ Timed-Release



DIFTARY SUPPLEMENT

180 CAPLETS/90-DAY SUPPLY

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets Servings Per Container 90

Amount Per Serving	76 D	aily Valu
Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)		
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)		
Vitamin D (as Cholecalciferol D-3)	40 mcg (1600 IU)	200
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	22.1 mg	147
Vitamin K (as Phytonadione)	80 mcg	67
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	4167
Riboflavin (Vitamin B-2)	50 mg	3846
Niacin (as Niacinamide & Niacin)	50 mg	313
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	294
Folate		
	(400 mcg Folic Acid)	
Vitamin B-12 (as Cyanocobalamin)	50 mcg	2083
Biotin	300 mcg	1000
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	1000
Choline (as Choline Bitartrate)	10 mg	
Calcium (as Calcium Carbonate,	500 mg	38
Calcium d-Pantothenate and Calcium Ascorbate)	•	
Iron (as Ferrous Fumarate)		
lodine (as Potassium Iodide)	150 mcg	100
Magnesium (as Magnesium Oxide)	100 mg	24
Zinč (as Zinc Oxide)		
Selenium (as L-Selenomethionine)	200 mcg	364
Copper (as Cupric Sulfate)		
Manganese (as Manganese Sulfate)	2 mg	87
Chromium (as Chromium Chloride)		

Energy & Metabolism Blend	137.01 mg	1
Caffeine Anhydrous, Green Tea Extract (Camellia sinensis)		
Capsimax® Capsicum Seed Extract (Capsicum annuum), Blac)
(Standardized to Piperine), Boron (as Sodium Borate), Vana		
Super Antioxidant Blend		
alpha Lipoic Acid	25 mg	
Lutemax®2020 Lutein	2 mg	
Lycopene	1 mg	
CurcuWIN® Turmeric Root Extract (Curcuma longa)	500 mcg	
(Standardized to Curcuminoids)	,	
Zeaxanthin (as Zeaxanthin Isomers)	400 mca	
Astaxanthin (from Haematococcus pluvialis)	50 mcg	
beta-Cryptoxanthin	10 mcg	
nositol	10 mg	
Silica (as Silicon Dioxide)	4 ma	

OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropyl Methylccllulose, Cellulose, Hydroxypropylcellulose, Stearic Acid Vegetable Source, Dicalcium Phosphate, Magnesium Stearate Vegetable Source, December Office, Polyethylene Glycol, Talc, Natural Vanilla Mint Flavor, Chlorohyllin (Color), Stevia Leaf Extract.

CONTAINS: Soybeans, Fish (Anchovy, Mackerel, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof).

Contains 100 mg of caffein

WARNING: Consult your physician prior to using this product if you are prexpend, nursing, taking medication, or or have a medical condition. Discontinue use two weeks prior to surgery, linform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction. This product contains EGCG from green tea.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6 Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center limpneliataly.

▲ WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov.

No Artificial Flavors, No Wheat, Gluten Free, No Dairy,

Conforms to USP <2091> for weight.

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